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| Cajun Gumbo |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Lois Lightfoot (UK) |
| **Music:** | Tear-Stained Letter - Patty Loveless |
| . |

**RIGHT KICK, STEP BACK, LEFT COASTER STEP**

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| --- | --- |
| 1-2 | Kick right foot forward, hold for one beat. |

|  |  |
| --- | --- |
| 3-4 | Step right foot back, hold for one beat |

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| --- | --- |
| 5&6 | Step left foot back, step right foot next to left, step left foot forward |

**RIGHT KICK, STEP BACK, LEFT COASTER STEP**

|  |  |
| --- | --- |
| 7-8 | Right kick forward, hold for one beat |

|  |  |
| --- | --- |
| 9-10 | Step right foot back, hold for one beat |

|  |  |
| --- | --- |
| 11&12 | Step left foot back, step right next to left, step left forward |

**PADDLE ¼, CROSS ROCK, PADDLE ½, CROSS ROCK**

|  |  |
| --- | --- |
| 13& | Step right forward, pivot 1/8 turn to left |

|  |  |
| --- | --- |
| 14& | Step right forward, pivot 1/8 turn to left |

|  |  |
| --- | --- |
| 15&16 | Cross rock right over left foot, rock onto left foot, step right in place |

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| --- | --- |
| 17& | Step left forward, pivot ¼ turn to right |

|  |  |
| --- | --- |
| 18& | Step left forward, pivot ¼ turn to right |

|  |  |
| --- | --- |
| 19&20 | Cross rock left over right foot, rock onto right foot, step left in place |

**MAMBO FORWARD, MAMBO BACK, STEP SLIDE, OUT IN OUT**

|  |  |
| --- | --- |
| 21&22 | Rock right foot forward, rock back onto left, step right in place |

|  |  |
| --- | --- |
| 23&24 | Rock back onto left foot, rock forward onto right, step left in place |

|  |  |
| --- | --- |
| 25-26 | Step right foot to right side, drag left next to right |

|  |  |
| --- | --- |
| 27&28 | Touch left out to side, touch left next to right, touch left out to side |

**WALK FORWARD, LEFT, RIGHT, MAMBO BACK, STEP FORWARD**

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| --- | --- |
| 29-30 | Step forward on left, step forward on right |

|  |  |
| --- | --- |
| 31-32 | Rock back onto left, rock forward onto right, step left forward |

**REPEAT**