|  |  |
| --- | --- |
| Belly Roll |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 1 | **Level:** | Improver | . |
| **Choreographer:** | Rick Bates (USA) & Deborah Bates (USA) |
| **Music:** | Belly Roll - Bobby Smith & Poor Souls |
| . |

**ROCK STEP, PIVOT, LUNGE LEFT, TOUCH, KICK-STEP-TOUCH, TOGETHER, TOE TAPS**

|  |  |
| --- | --- |
| 1-2 | Step forward on left foot, rock back onto right foot |

|  |  |
| --- | --- |
| & | Pivot a ¼ turn to the left on ball of right foot |

|  |  |
| --- | --- |
| 3-4 | Take a long step to the left on left foot, drag right foot next to left and touch |

|  |  |
| --- | --- |
| 5&6 | Kick right foot forward, step right foot next to left, touch left heel forward |

|  |  |
| --- | --- |
| & | Step left foot next to right |

|  |  |
| --- | --- |
| 7-8 | Tap right toe next to left twice |

**MODIFIED MONTEREY TURN, MONTEREY CROSS, UNWIND, TO THE LEFT MILITARY PIVOT**

|  |  |
| --- | --- |
| 9-10 | Touch right toe to the right, pivot a ½ turn to the right on ball of left foot and step right foot next to left |

|  |  |
| --- | --- |
| 11-12 | Touch left toe to the left, cross left foot behind right |

|  |  |
| --- | --- |
| 13-14 | Unwind ¾ turn to the left and shift weight to left foot |

|  |  |
| --- | --- |
| 15-16 | Step forward on right foot, pivot a ½ turn to the left on ball of right foot and shift weight to left foot |

**SIDE STEP RIGHT, BEHIND, ROMP, STEP-CROSS, SIDE STEP LEFT, BEHIND, ROMP, STEP-CROSS**

|  |  |
| --- | --- |
| 17-18 | Step to the right on right foot, cross left foot behind right and step |

|  |  |
| --- | --- |
| &19 | Step back and diagonally to the right on right foot, touch left heel forward and diagonally to the left |

|  |  |
| --- | --- |
| &20 | Step left foot to home, cross right foot over left and step |

|  |  |
| --- | --- |
| 21-22 | Step to the left on left foot, cross right foot behind left and step |

|  |  |
| --- | --- |
| &23 | Step back and diagonally to the left on left foot, touch right heel forward and diagonally to the right |

|  |  |
| --- | --- |
| &24 | Step right foot to home, cross left foot over right and step |

**UNWIND WITH BELLY ROLL, CROSS, STEP BACK, TOGETHER, TO THE RIGHT MILITARY PIVOT**

|  |  |
| --- | --- |
| 25-28 | Slowly unwind ½ turn to the right while rotating belly two full revolutions in a to the right circular motion and shift weight to left foot |

|  |  |
| --- | --- |
| 29-30 | Cross right foot over left and step, step back on left foot |

|  |  |
| --- | --- |
| & | Step right foot next to left |

|  |  |
| --- | --- |
| 31-32 | Step forward on left foot, pivot a ½ turn to the right on ball of left foot and shift weight to right foot |

**REPEAT**