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| Betty Lou Boogie |  |

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| . |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Anita McNab (CAN) |
| **Music:** | Cotton Eyed Joe - Scatman John |
| . |

**RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

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| --- | --- |
| 1-4 | Tap right heel forward, step home, tap left heel forward, step home (feet together) |

|  |  |
| --- | --- |
| 5-8 | Both heels out to sides, home, both heels out to sides, home |

**RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

|  |  |
| --- | --- |
| 9-12 | Tap right heel forward, step home, tap left heel forward, step home (feet together) |

|  |  |
| --- | --- |
| 13-16 | Both heels out to sides, home, both heels out to sides, home |

**GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)**

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| --- | --- |
| 17-20 | Step side right, left behind, side right, touch left toe forward on angle |

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| --- | --- |
| 21-24 | Do the twist, heels going left, right, left, right (weight on right) |

**GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)**

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| --- | --- |
| 25-28 | Step side left, right behind, side left, touch right toe forward on angle |

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| --- | --- |
| 29-32 | Do the twist, going right, left, right, left (weight on left) |

**ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT**

|  |  |
| --- | --- |
| 33-36 | Forward right on angle, touch left beside, forward left on angle, touch right beside |

|  |  |
| --- | --- |
| 37-40 | Forward right on angle, touch left beside, forward left on angle, touch right beside |

**When doing these steps, you knees will point inwards on the touches**

**WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT**

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| --- | --- |
| 41-44 | Walk back starting on right, left, right, touch left beside right |

**GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT**

|  |  |
| --- | --- |
| 45-46 | Step side left onto left, right behind left |

|  |  |
| --- | --- |
| 47-48 | Step ¼ turn to left, onto left, touch right beside left |

**REPEAT**