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| Bang A Gong |  |

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| . |
| **Count:** | 48 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Linda Moore (UK) |
| **Music:** | Get It On (Bang A Gong) - Marc Bolan & T. Rex |
| . |

**HEEL BALL CROSS RIGHT TWICE, RIGHT ROCK, CROSS SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Touch right heel forward, step right slightly back, cross left over right |

|  |  |
| --- | --- |
| 3&4 | Touch right heel forward, step right slightly back, cross left over right |

|  |  |
| --- | --- |
| 5-6 | Rock to right side on right, rock onto left in place |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, step left to left side, cross right over left |

**LEFT ROCK, BEHIND ¼ TURN STEP, RIGHT FORWARD ROCK, RIGHT COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Rock to left side on left, rock onto right in place |

|  |  |
| --- | --- |
| 3&4 | Step left behind right, ¼ turn right stepping right, step left |

|  |  |
| --- | --- |
| 5-6 | Rock forward on right, rock back onto left |

|  |  |
| --- | --- |
| 7&8 | Step back right, step left beside right, step forward right |

**HEEL BALL CROSS LEFT TWICE, LEFT ROCK, CROSS SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Touch left heel forward, step left slightly back, cross right over left |

|  |  |
| --- | --- |
| 3&4 | Touch left heel forward, step left slightly back, cross right over left |

|  |  |
| --- | --- |
| 5-6 | Rock to left side on right, rock onto right in place |

|  |  |
| --- | --- |
| 7&8 | Cross left over right, step right to right side, cross left over right |

**RIGHT ROCK, BEHIND ¼ TURN STEP, LEFT FORWARD ROCK, LEFT COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Rock to right side on right, rock onto left in place |

|  |  |
| --- | --- |
| 3&4 | Step right behind left, ¼ turn left stepping left, step right |

|  |  |
| --- | --- |
| 5-6 | Rock forward on left, rock back onto right |

|  |  |
| --- | --- |
| 7&8 | Step back left, step right beside left, step forward left |

**RIGHT HEEL & TOE ¼ TURN LEFT, LEFT HEEL & TOE ¼ TURN LEFT, RIGHT FORWARD ROCK, RIGHT COASTER STEP**

|  |  |
| --- | --- |
| 1&2 | Touch right heel forward, step right beside left making ¼ turn left, touch left toe forward |

|  |  |
| --- | --- |
| 3&4 | Touch left heel forward, step left beside right making ¼ turn left, touch right toe forward |

|  |  |
| --- | --- |
| 5-6 | Rock forward on right, rock back onto left |

|  |  |
| --- | --- |
| 7&8 | Step back right, step left beside right, step forward right |

**LEFT HEEL & TOE ¼ TURN LEFT, RIGHT HEEL & TOE ¼ TURN LEFT, LEFT FORWARD ROCK, LEFT COASTER STEP**

|  |  |
| --- | --- |
| 1&2 | Touch left heel forward, step left beside right making ¼ turn left, touch right toe forward |

|  |  |
| --- | --- |
| 3&4 | Touch right heel forward, step right beside left making ¼ turn left, touch left toe forward |

|  |  |
| --- | --- |
| 5-6 | Rock forward on left rock back onto right |

|  |  |
| --- | --- |
| 7&8 | Step back left, step left beside right, step forward left |

**REPEAT**