|  |  |
| --- | --- |
| Barefootin' |  |

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| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** |  | . |
| **Choreographer:** | Shirley K. Batson (USA) |
| **Music:** | Small Up and Simple Down - Neal McCoy |
| . |

**GRANNY STEP**

|  |  |
| --- | --- |
| 1 | (On balls of both feet) move heels apart (heel splits) |

|  |  |
| --- | --- |
| 2 | Move heels back together (stay on balls of feet) |

|  |  |
| --- | --- |
| 3 | Lower left heel to floor and take weight on left foot (right heel is up and right knee bent) |

|  |  |
| --- | --- |
| 4 | Touch right heel forward diagonally to right |

|  |  |
| --- | --- |
| 5 | Lift right knee into a hitch |

|  |  |
| --- | --- |
| 6 | Step right foot beside left |

|  |  |
| --- | --- |
| 7 | (On balls of both feet) move heels apart |

|  |  |
| --- | --- |
| 8 | Move heels back together and lower both heels (weight to right foot) |

**HEEL GRINDS ¼ TURN LEFT**

|  |  |
| --- | --- |
| 1 | Step left heel forward, toes facing to right |

|  |  |
| --- | --- |
| 2 | Fan toes to left (lower left foot) |

|  |  |
| --- | --- |
| 3 | Step right heel forward, toes facing to left |

|  |  |
| --- | --- |
| 4 | Fan toes to right (lower right foot) |

|  |  |
| --- | --- |
| 5-6 | Step left forward, step right foot back |

|  |  |
| --- | --- |
| 7-8 | Step left foot into ¼ turn left, step right beside left |

**FOOT BOOGIE**

|  |  |
| --- | --- |
| 1 | (On ball of right foot) swivel right heel to right |

|  |  |
| --- | --- |
| 2 | (On heel of right foot) swivel right toes to right |

|  |  |
| --- | --- |
| 3 | (On heel of right foot) swivel right toes to left |

|  |  |
| --- | --- |
| 4 | (On ball of right foot) swivel right heel to center |

|  |  |
| --- | --- |
| 5-8 | Weight to right foot, repeat 1-4 with left foot (weight to left foot) |

**HEELS, HOLD, STEP, SLIDE, STOMPS**

|  |  |
| --- | --- |
| 1-2 | Touch right heel forward, hold |

|  |  |
| --- | --- |
| & | Step right beside left |

|  |  |
| --- | --- |
| 3-4 | Touch left heel forward, hold |

|  |  |
| --- | --- |
| & | Step left beside right |

|  |  |
| --- | --- |
| 5 | Step right foot forward |

|  |  |
| --- | --- |
| 6 | Slide left forward (taking weight) |

|  |  |
| --- | --- |
| 7 | Stomp right |

|  |  |
| --- | --- |
| 8 | Stomp left |

**REPEAT**