|  |  |
| --- | --- |
| All Tanked Up |  |

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| . |
| **Count:** | 128 | **Wall:** | 1 | **Level:** | Intermediate/Advanced | . |
| **Choreographer:** | Rob Fowler (ES) |
| **Music:** | All Jacked Up - Gretchen Wilson |
| . |

**HEEL GRIND, MONTEREY TURN**

|  |  |
| --- | --- |
| 1-2 | Place right heel forward, with heel in place grind foot from left to right |

|  |  |
| --- | --- |
| 3-4 | Step back onto right, step left next to right |

|  |  |
| --- | --- |
| 5-6 | Touch right to right side, with weight on left make half turn to right, transferring weight to right |

|  |  |
| --- | --- |
| 7-8 | Touch left to left side, step left in place |

**SWIVELS, LEFT GRAPEVINE WITH ¼ TURN**

|  |  |
| --- | --- |
| 1-2 | Swivel both heels right, back to center |

|  |  |
| --- | --- |
| 3-4 | Repeat |

|  |  |
| --- | --- |
| 5-6 | Step left to left, right behind left |

|  |  |
| --- | --- |
| 7-8 | Make ¼ turn left on left, brush right through |

**STEP PIVOT, HOLD, HEELS TWICE**

|  |  |
| --- | --- |
| 1-2 | Step forward, hold |

|  |  |
| --- | --- |
| 3-4 | Make ½ turn left, hold |

|  |  |
| --- | --- |
| 5-6 | Step forward onto right heel, step forward onto left heel |

|  |  |
| --- | --- |
| 7-8 | Step back onto right, step left back next to right |

**SIDE ROCKS TURN KICK**

|  |  |
| --- | --- |
| 1-2 | Rock right to right side, recover |

|  |  |
| --- | --- |
| 3-4 | Cross right over left, rock left to left side |

|  |  |
| --- | --- |
| 5-6 | Recover, cross left over right |

|  |  |
| --- | --- |
| 7-8 | Step right to right side, kick left diagonally to left |

**WEAVE ½ TURN KICK, WEAVE KICK (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Step left behind right, make ¼ turn right onto right |

|  |  |
| --- | --- |
| 3-4 | Make ¼ turn right on left, kick right diagonally right |

|  |  |
| --- | --- |
| 5-6 | Step left behind right, step left to left side |

|  |  |
| --- | --- |
| 7-8 | Cross right over left, kick left diagonally to left |

|  |  |
| --- | --- |
| 9-16 | Repeat 1-8 |

**STEP BACK KICK TWICE, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Step left behind right, kick right diagonally to right |

|  |  |
| --- | --- |
| 3-4 | Step right behind left, kick left diagonally to left |

|  |  |
| --- | --- |
| 5-6 | Step back left, right next to left |

|  |  |
| --- | --- |
| 7-8 | Step forward left, brush right foot through |

**STOMPS DIAGONALLY FORWARD RIGHT, THEN LEFT**

|  |  |
| --- | --- |
| 1-4 | Stomp right diagonally forward, tap right heel three times |

|  |  |
| --- | --- |
| 5-8 | Stomp left diagonally forward, tap left heel three times |

**ROCK STEP, KICK, SCUFF, HITCH TOUCH (TWICE)**

|  |  |
| --- | --- |
| 1-2 | Rock back left, recover |

|  |  |
| --- | --- |
| 3-4 | Kick forward left step onto left |

|  |  |
| --- | --- |
| 5-6 | Scuff right foot, hitch right knee |

|  |  |
| --- | --- |
| 7-8 | Step back right, hold |

|  |  |
| --- | --- |
| 9-16 | Repeat 1-8 |

**ROCK STEP, KICK, STEP, PIVOT**

|  |  |
| --- | --- |
| 1-4 | Repeat 65-67 |

|  |  |
| --- | --- |
| 5-6 | Step forward, hold |

|  |  |
| --- | --- |
| 7-8 | Pivot left, hold |

**SKATES RIGHT, LEFT, SKATES, RIGHT, LEFT TWICE**

|  |  |
| --- | --- |
| 1-2 | Skate right, hold |

|  |  |
| --- | --- |
| 3-4 | Skate left, hold |

|  |  |
| --- | --- |
| 5-6 | Skate right, skate left |

|  |  |
| --- | --- |
| 7-8 | Skate right skate left |

**RIGHT KICK AND LEFT WEAVE, LEFT KICK AND RIGHT WEAVE, DIAGONAL KICKS**

|  |  |
| --- | --- |
| 1-2 | Kick right diagonally right step right diagonally behind |

|  |  |
| --- | --- |
| 3-4 | Step left to left side, cross right in front of left |

|  |  |
| --- | --- |
| 5-6 | Kick left diagonally left, step left diagonally behind right |

|  |  |
| --- | --- |
| 7-8 | Step right to right side, step left forward |

**RIGHT ROCK, ½ TURN, STEP TURN STEP, HOLD**

|  |  |
| --- | --- |
| 1-2 | Right rock forward, recover onto left |

|  |  |
| --- | --- |
| 3-4 | Make ½ turn right onto right, hold |

|  |  |
| --- | --- |
| 5-6 | Step forward left, make ½ turn right transferring weight to right, |

|  |  |
| --- | --- |
| 7-8 | Step forward left, hold |

**FORWARD SHUFFLE, ½ TURN HITCH, BACK SHUFFLE AND TOUCH**

|  |  |
| --- | --- |
| 1-2 | Step forward right, step left next to right |

|  |  |
| --- | --- |
| 3-4 | Step forward right, make ½ turn right hitching left |

|  |  |
| --- | --- |
| 5-6 | Step back on left, step right next to left |

|  |  |
| --- | --- |
| 7-8 | Step back on left, touch right toe next to left |

**FORWARD SHUFFLE, ¼ TURN HITCH, ROCK, RECOVER, STEP**

|  |  |
| --- | --- |
| 1-2 | Step forward right, step left next to right |

|  |  |
| --- | --- |
| 3-4 | Step forward right, make ¼ turn right hitching right knee |

|  |  |
| --- | --- |
| 5-6 | Rock left foot to left side, recover to right |

|  |  |
| --- | --- |
| 7-8 | Bring left foot next to right, hold |

**REPEAT**

**RESTART**

**On 3rd wall, dance up to count 47. On count 48, instead of kicking left foot diagonally left, make a ¼ turn right to the "12:00 wall", stepping left foot next to right. Start dance again**

**TAG**

**On wall 5 after count 40 facing 3:00**

|  |  |
| --- | --- |
| 1-4 | Cross left foot over right, make ¾ turn right over 3 counts weight onto left |

|  |  |
| --- | --- |
| 5-6 | Cross right foot over left, hold (facing 12:00 wall), |

|  |  |
| --- | --- |
| 7-8 | Step left to left side, hold |

|  |  |
| --- | --- |
| 9-10 | Cross right foot over in front of left, hold |

|  |  |
| --- | --- |
| 11-12 | Kick left foot diagonally left, hold |

|  |  |
| --- | --- |
| 13-36 | Repeat above twice (ending facing 6:00 wall) |

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| --- | --- |
| 37-38 | Kick left diagonally left, cross left over right, unwind 1 ¼ to right (facing 3:00 wall) |

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| --- | --- |
| 39-40 | Paddle step 8 counts - full turn (each one 1/8th) back to face 3:00 wall |

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| --- | --- |
| 41-42 | Rock left to side, rock to right, |

|  |  |
| --- | --- |
| 43-44 | Left foot next to right, hold |

|  |  |
| --- | --- |
| 45-46 | Rock right to right, rock to left |

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| --- | --- |
| 47-48 | Right foot next to left, hold |

**Restart dance on count 65. Rock back when you hear chorus "all tanked up"**