|  |  |
| --- | --- |
| Ain't Gonna Wait 4 U |  |

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| . |
| **Count:** | 80 | **Wall:** | 2 | **Level:** | Intermediate/Advanced | . |
| **Choreographer:** | Maria Louise Gill (UK) |
| **Music:** | Love Ain't Gonna Wait For You - S Club 7 |
| . |

**RIGHT STOMP KICK, RIGHT COASTER, LEFT & RIGHT HEEL SWITCHES**

|  |  |
| --- | --- |
| 1-2 | Right stomp kick |

|  |  |
| --- | --- |
| 3&4 | Right coaster step |

|  |  |
| --- | --- |
| 5&6& | Left heel - right heel |

|  |  |
| --- | --- |
| 7-8 | Left heel hook |

**LEFT SHUFFLE, ½ TURN RIGHT, ½ TURN RIGHT, ½ TURN SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Shuffle left right left |

|  |  |
| --- | --- |
| 3-4 | Rock forward right recover on left |

|  |  |
| --- | --- |
| 5-6 | Turn ½ right, step on left ½ turn right |

|  |  |
| --- | --- |
| 7&8 | Turn ½ right as you shuffle right left right |

**LEFT STOMP KICK, LEFT COASTER, RIGHT & LEFT HEEL SWITCHES**

|  |  |
| --- | --- |
| 1-2 | Left stomp kick |

|  |  |
| --- | --- |
| 3&4 | Left coaster step |

|  |  |
| --- | --- |
| 5&6& | Right heel - left heel |

|  |  |
| --- | --- |
| 7-8 | Right heel hook |

**RIGHT SHUFFLE, ½ TURN LEFT, ½ TURN LEFT, ½ TURN SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Shuffle right left right |

|  |  |
| --- | --- |
| 3-4 | Rock forward on left recover right |

|  |  |
| --- | --- |
| 5-6 | Turn ½ left, step on right ½ turn left |

|  |  |
| --- | --- |
| 7&8 | Turn ½ right as you shuffle left right left |

**RIGHT & LEFT TOE POINTS - ½ TURN HITCHES (4 SMALL HITCH TOUCHES)**

|  |  |
| --- | --- |
| 1-2 | Point right to right side replace |

|  |  |
| --- | --- |
| 3-4 | Point left to left side replace |

|  |  |
| --- | --- |
| 5-6 | Hitch right turn 1/8 left, hitch right turn 1/8 left |

|  |  |
| --- | --- |
| 7-8 | Hitch right turn 1/8 left, hitch right turn 1/8 left |

**STEP TOUCHES, ROCK RIGHT, RIGHT KICK BALL CHANGE**

|  |  |
| --- | --- |
| 1-2 | Step right to right side touch left foot behind |

|  |  |
| --- | --- |
| 3-4 | Step left to left side touch right behind |

|  |  |
| --- | --- |
| 5-6 | Rock right recover |

|  |  |
| --- | --- |
| 7&8 | Right kick ball change (you will be slightly angled to the left corner) |

**CROSS ROCK, CROSS ROCK, ½ TURN LEFT, HITCHES**

|  |  |
| --- | --- |
| 1&2 | Cross right over left (mambo) |

|  |  |
| --- | --- |
| 3&4 | Cross left over right (mambo) turning ¼ turn |

|  |  |
| --- | --- |
| 5-6 | Turn ½ left |

|  |  |
| --- | --- |
| &7&8 | Two right knee hitch touches making ¼ turn left |

**WEAVE LEFT, RIGHT HEEL JACK, LEFT CROSS ROCK, ¾ TURN LEFT**

|  |  |
| --- | --- |
| 1-2 | Right over left, step left to left |

|  |  |
| --- | --- |
| 3&4 | Step right behind left, step left to left, right heel jack |

|  |  |
| --- | --- |
| &5-6 | Cross left over right (stepping back ¼ on right) |

|  |  |
| --- | --- |
| 7&8 | Turn ½ shuffle left right left |

**RIGHT KICK BALL CHANGE, KICK RIGHT OUT/LEFT OUT, SKATE RIGHT, SKATE LEFT, RIGHT CHASSE**

|  |  |
| --- | --- |
| 1&2 | Right kick ball change |

|  |  |
| --- | --- |
| 3&4 | Right kick (out-out right left) |

|  |  |
| --- | --- |
| 5-6 | Skate right - skate left |

|  |  |
| --- | --- |
| 7&8 | Chasse right |

**SKATE LEFT, SKATE RIGHT, ROCK LEFT OVER RIGHT ¼ TURN LEFT, RIGHT MAMBO, LEFT COASTER**

|  |  |
| --- | --- |
| 1-2 | Skate left skate right |

|  |  |
| --- | --- |
| 3&4 | Rock left over right recover turn ¼ left |

|  |  |
| --- | --- |
| 5&6 | Right mambo |

|  |  |
| --- | --- |
| 7&8 | Left coaster |

**REPEAT**