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| Sea Salt Sally |  |

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| **Count:** | 96 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Kate Sala (UK) |
| **Music:** | Sea Salt Sally - Rick Guard : (Album: Stop It & Dance) |
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**Intro : 32 Counts - starting on vocals.**

**Step, Hold, Side Step, Hold, Coaster Step, Hold, Forward Lock Step, Hold, Rocking Chair.**

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| 1 2 3 4 | Step forward on R. Hold. Step L to L side. Hold. |

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| 5 6 7 8 | Step back on R. Step L next to R. Step forward on R. Hold. |

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| 1 2 3 4 | Step forward on L. Lock step R behind L. Step forward on L. Hold. |

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| 5 6 7 8 | Rock forward on R. Rock back on L. Rock back on R. Rock forward on L. |

**Step, ½ Pivot, Step, Hold, Triple Full Turn R, Hold.**

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| 1 2 3 4 | Step forward on R. Pivot ½ turn L. Step forward on R. Hold. (Facing 6 o’clock). |

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| 5 6 7 8 | Turn ½ R stepping back on L. Turn ½ R stepping forward on R. Step forward on L. Hold. |

**Easier option for 5 6 7 8:- Forward Lock Step. Hold.**

**Step, Hold, Side Step, Hold, Coaster Step, Hold, Forward Lock Step, Hold, Rocking Chair.**

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| 1 2 3 4 | Step forward on R. Hold. Step L to L side. Hold. |

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| 5 6 7 8 | Step back on R. Step L next to R. Step forward on R. Hold. |

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| 1 2 3 4 | Step forward on L. Lock step R behind L. Step forward on L. Hold. |

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| 5 6 7 8 | Rock forward on R. Rock back on L. Rock back on R. Rock forward on L. |

**Step, ½ Pivot, Step, Hold, Triple Full Turn R, Hold.**

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| 1 2 3 4 | Step forward on R. Pivot ½ turn L. Step forward on R. Hold. (Facing 12 o’clock). |

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| 5 6 7 8 | Turn ½ R stepping back on L. Turn ½ R stepping forward on R. Step forward on L. Hold. |

**Easier option for 5 6 7 8:- Forward Lock Step. Hold.**

**Toe Strut R, Rock Back, Toe Strut L, Rock Back, Weave R, Hold, Rock Back.**

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| 1 2 3 4 | Step on R toe to R side. Drop R heel. Rock back on L. Rock forward on R. |

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| 5 6 7 8 | Step on L toe to L side. Drop L heel. Rock back on R. Rock forward on L. |

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| 1 2 3 4 | Step R to R side. Cross step L behind R. Step R to R side. Cross step L over R. |

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| 5 6 7 8 | Step R to R side. Hold, Rock back on L. Rock forward on R. |

**Side Rock, Touch, Heel Dig, Touch, Side Rock, Step Together.**

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| 1 2 3 | Rock out on L to L side. Recover on to R. Touch L next to R. |

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| 4 5 | Dig L heel forward to L diagonal. Touch L toe next to R instep. |

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| 6 7 8 | Rock out on L to L side. Recover on to R. Step L next to R. |

**Coaster Cross, Hold, Scissor Step, Hold**

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| 1 2 3 4 | Step back on R. Step L next to R. Cross step R over L. Hold. |

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| 5 6 7 8 | Step L to L side. Step R next to L. Cross step L over R. Hold. |

**Turn ¼ L, Hold, Turn ¼ L, Hold, Cross Rock, Side Rock.**

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| 1 2 3 4 | Turn ¼ L stepping back on R. Hold. Turn ¼ L stepping L to L side. Hold. |

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| 5 6 7 8 | Cross rock R over L. Rock back on L. Rock out to R side on R. Recover on to L. |

**Sailor Step With ¼ Turn R, Hold, Step, Pivot ½ Turn R, Step, Hold.**

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| 1 2 3 4 | Cross step R behind L. Turn ¼ R stepping L to L side. Step forward on R. Hold. |

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| 5 6 7 8 | Step forward on L. Pivot ½ turn R. Step forward on L. Hold. |

**Start Again. Enjoy!**