|  |  |
| --- | --- |
| One Moment |  |

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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Maria Hennings Hunt (UK) - November 2007 | | | | |
| **Music:** | Un Momnto Alla - Rick Trevino | | | | |
| . | | | | | | |

**Start on vocals**

**SIDE, CLOSE, SHUFFLE FORWARDS x 2**

|  |  |
| --- | --- |
| 1-2 | Step left foot to side left, close RF to left foot |

|  |  |
| --- | --- |
| 3&4 | Shuffle forwards, stepping left, right, left |

|  |  |
| --- | --- |
| 5-6 | Step right foot to side right, close LF to right foot |

|  |  |
| --- | --- |
| 7&8 | Shuffle forwards stepping right, left, right |

**FORWARD ROCK, BACK LOCK STEP**

|  |  |
| --- | --- |
| 1-2 | Rock forward on left, rock back on right |

|  |  |
| --- | --- |
| 3&4 | Step LF behind right, lock RF in front, step LF back |

**MAKE ½ TURN RIGHT, RONDE INTO JAZZ BOX**

|  |  |
| --- | --- |
| 1-2 | Turn ½ turn right stepping forward onto RF, sweep LF over right |

|  |  |
| --- | --- |
| 3-4 | Step RF back, step left foot to left side |

**WEAVE LEFT, BEHIND SIDE CROSS**

|  |  |
| --- | --- |
| 1-2 | Cross RF over left, step LF to side |

|  |  |
| --- | --- |
| 3&4 | Cross RF behind, step LF to side, cross RF over left |

**SWAY TO LEFT, BEHIND SIDE CROSS**

|  |  |
| --- | --- |
| 1-2 | Rock step LF to side, swaying hips, replace weight on RF |

|  |  |
| --- | --- |
| 3&4 | Step LF behind, step right foot to side, cross LF over right |

**ROCK/SWAY RIGHT X 2 WITH ¼ TURN TO LEFT**

|  |  |
| --- | --- |
| 1-2 | Rock right foot to side, swaying hips and turning 1/8 to left |

|  |  |
| --- | --- |
| 3-4 | Rock right foot to side, swaying hips and turning 1/8 To left |

**ROCK & REPLACE, DRAG**

|  |  |
| --- | --- |
| 1-2 | Rock RF over LF, rock weight back on LF |

|  |  |
| --- | --- |
| 3-4 | Step large step on RF to side right, drag LF to RF (no weight) |

**ALTERNATIVE ENDING FAST - ROCK & REPLACE (x 2)**

|  |  |
| --- | --- |
| 1&2 | Rock RF over left, replace weight on LF, rock RF to side right |

|  |  |
| --- | --- |
| &3&4 | Rock onto LF, rock RF over left, replace weight on LF, rock RF to side right, weight ends on RIGHT |

**Begin again.**