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| Footprints In The Sand |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Advanced Nightclub | . |
| **Choreographer:** | Dee Musk (UK) - February 2008 | | | | |
| **Music:** | Footprints In the Sand - Leona Lewis : (Album: Leona Lewis - Spirit) | | | | |
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**(14 Count Intro) - start just before main vocals on first beat. Approx (14 secs).**

**SIDE LUNGE, ¼ TURN R, TOGETHER WITH DIP, UNWIND ¾ TURN R WITH SWEEP, BEHIND SIDE STEP, STEP WITH SWAYS, BACK CROSS BACK.**

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| 1,2& | Bending L knee lean and lunge out to the L side keeping R leg straight with toe pointed, make a ¼ turn R placing weight forward on R, step L beside R and dip bending knees slightly. |

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| 3 | Straightening up make a ¾ turn R sweeping R around behind L. |

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| 4&5 | Cross step R behind L, step L to L side, step forward on R. |

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| 6&7 | Step forward on L swaying hips forward, back, forward. |

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| 8&1 | Step back on R, cross step L over R, step back on R. (12 o’clock). |

**BACK CROSS BACK TOGETHER, STEP STEP, FULL SPIRAL TURN, STEP, STEP PIVOT STEP.**

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| 2&3& | Step back on L, cross step R over L, step back on L, step R beside L. |

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| 4& | Step forward on L, step forward on R. |

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| 5,6 | Turning L make a full spiral turn on the ball of R, step forward and down on L. |

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| 7&8 | Step forward on R, make a ½ turn L, step forward on R. (6 o’clock). |

**½ TURN R, ¼ TURN R WITH SIDE STEP, BACK ROCK SIDE, CROSS ¼ TURN R, ¼ TURN R WITH SIDE STEP, TOGETHER CROSS, SIDE TOGETHER, CROSS ROCK WITH RONDE.**

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| &1 | Travelling forward make a ½ turn R stepping back on L, make a ¼ turn R stepping R to R side. |

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| 2& | Cross rock L behind R, recover weight to R. \*\* Tag 2 during wall 5, then restart. |

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| 3 | Step L to L side. |

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| 4&5 | Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side. |

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| 6& | Step L beside R, cross R over L. |

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| 7 | Step L to L side.. |

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| 8&1 | Close R beside L, cross rock L over R, recover weight to R whilst ronde L around and behind R. (9 o’clock). |

**BEHIND SIDE STEP, TWIST ½ TURN R, TWIST A FULL TURN L, BEHIND SIDE CROSS, ¼ TURN L ¼ TURN L CROSS.**

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| 2&3 | Step L behind R, step R to R side, step forward on L. |

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| 4 | With knees slightly bent and weight forward on L twist a ½ turn R replacing weight to ball of R. |

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| 5 | Keeping knees slightly bent and weight forward on ball of R twist a full turn L sweeping L round and behind R. \* (Option hold count 5 with weight on ball of R). |

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| 6&7 | Cross step L behind R, step R to R side, cross step L over R. |

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| &8& | Make a ¼ turn L stepping back on R, make a ¼ turn L stepping L to L side, cross R over L. (9 o’clock). |

**Begin again.**

**TAG 1 – End of 1st wall facing 9 o’clock.**

**SIDE TOGETHER CROSS, SIDE TOGETHER CROSS.**

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| 1,2& | Step L to L side, close R beside L, cross L over R. |

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| 3,4& | Step R to R side, close L beside R, cross R over L. |

**TAG 2 – During 5th wall facing 3 o’clock, then restart.**

**HIP SWAYS**

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| 1-2 | Step L to L side and sway L, sway R. |

**Ending - music slows keep dancing through. On last wall facing 9 o’clock do counts 1 thru 5, then unwind a ¾ turn left to face the front.**

**Relax and Lose yourself - Enjoy J Luv Dee xx**