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| Tainted Hearts |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Kym Barry (UK) & Elaine Aldridge - July 2008 | | | | |
| **Music:** | Killer / Papa Was a Rollin' Stone - George Michael : (CD: Ladies & Gentlemen) | | | | |
| . | | | | | | |

**Right & Left Cross Rock Recover, Walk X 2 and Applejacks**

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| --- | --- |
| 1&2 | Cross right leg over left, Rock left to left side, Step right to right side. |

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| 3&4 | Cross left leg over right, Rock right to right side, Step left to left side |

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| --- | --- |
| 5-6 | Step right forward, step left next to right |

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| --- | --- |
| &7&8 | Take weight on right toe and left heel, Swivel right heel and left toe to left & return both Feet to place. |

**Steps 9 – 16 Repeat steps 1-8**

**Heel Holds X 2, Side rock, Weave ¼ turn left**

|  |  |
| --- | --- |
| 1-2 | Touch right heel fwd & hold |

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| --- | --- |
| &3-4 | Touch left heel fwd & hold |

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| --- | --- |
| &5-6 | Place left foot next to right, Rock right foot to right side & recover weight to left foot |

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| --- | --- |
| 7&8 | Cross right foot behind left leg, Step left leg ¼ turn left, Step right leg forward |

**Left Rock & Coaster, 2 X Kick Touches**

|  |  |
| --- | --- |
| 1-2 | Rock forward on left, Recover back onto right |

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| 3&4 | Step left back, Step right beside left, Step left forward |

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| --- | --- |
| 5-6 | Kick right forward to right diagonal, Touch right toe across left leg |

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| --- | --- |
| 7-8 | Kick right forward to right diagonal, Touch right toe next to left foot |

**½ Turn Left, Triple ½ Left X 2, Coaster**

|  |  |
| --- | --- |
| &1-2 | Step right in place, Step left fwd, ½ Turn left stepping back on right |

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| --- | --- |
| 3&4 | Triple step ½ turn left, Stepping LRL |

|  |  |
| --- | --- |
| 5&6 | Triple step ½ turn left, Stepping RLR |

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| --- | --- |
| 7&8 | Step left back, Step right beside left, Step left forward |

**Walk X 2, Fwd & Back Mambo’s, Rt. Side Mambo**

|  |  |
| --- | --- |
| 1-2 | Step right foot Fwd, Step left foot Fwd |

|  |  |
| --- | --- |
| 3&4 | Rock right foot Fwd, Rock back left, Step right next to left |

|  |  |
| --- | --- |
| 5&6 | Rock left foot back, Rock forward right, Step left next to right |

|  |  |
| --- | --- |
| 7&8 | Rock right to right side, Rock back on left, Step right beside left |

**Side Mambo, Heel Holds, ½ Turn Heel Bounces, Sailor ¼ Turn Swivels & Kicks**

|  |  |
| --- | --- |
| 1 & 2 | Rock left to left side, Rock back on right, Step left beside right |

|  |  |
| --- | --- |
| 3 - 4 | Touch right heel forward and hold |

|  |  |
| --- | --- |
| &5-6 | Touch left heel forward and hold |

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| --- | --- |
| &7 | Step left foot next to right, Step right foot Fwd |

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| --- | --- |
| 8-10 | Bounce heels 3 times making a ½ turn left |

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| --- | --- |
| 11&12 | Sweep left behind right turning ¼ left, Step right to right side, Step left in place |

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| --- | --- |
| 13-14 | Step right to right side, Leaning slightly to right side, Bend right knee & twist heel out to right |

|  |  |
| --- | --- |
| 15-16 | Twist right heel in, Pushing off on right replace weight onto left & Kick right out to right Diagonal |

**START AGAIN & ENJOY**