|  |  |
| --- | --- |
| Control My Feet |  |

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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Crazy Chris (UK) - July 2008 | | | | |
| **Music:** | Blame It On The Boogie - Jay Kid : (3:35) | | | | |
| . | | | | | | |

**Walk Walk, Together Together Forward, Lock Step Step Back, Touch Turn.**

|  |  |
| --- | --- |
| 1,2, | Walk Back L, R, |

|  |  |
| --- | --- |
| 3&4 | Step L Beside R, Step R Beside L, Step Forward L, |

|  |  |
| --- | --- |
| 5&6 | Lock R Behind L, Replace Weight Onto L, Step Back R, |

|  |  |
| --- | --- |
| 7,8 | Touch L Toe Back, Unwind ½ Turn Over L Shoulder Taking Weight Onto L. |

**(6 o’clock)**

**Rock & ¼ Cross, Out Out, L Twist, Right Twist, Left Twist x2.**

|  |  |
| --- | --- |
| 1&2 | ¼ Turn L Rocking R Foot To R Side, Recover Onto L, Cross R Over L, |

|  |  |
| --- | --- |
| 3,4 | Step L Forward To L Diagonal, Step R Forward To R Diagonal, (feet should be shoulder with apart) |

|  |  |
| --- | --- |
| &5&6 | Twist L Heel Out, In, Twist R Heel Out, In, |

|  |  |
| --- | --- |
| &7&8 | Twist L Heel Out, In, Out, In. (Take Weight onto L on count 8) |

**(3 o’clock)**

**Sailor Step, Behind & In front, Rock & ½ Rock &, ½ Rock & Cross.**

|  |  |
| --- | --- |
| 1&2 | Step R Behind L, Step L To L Side, Step R To R Side, |

|  |  |
| --- | --- |
| 3&4 | Step L Behind R, Step R To R Side, Cross L Over R, |

|  |  |
| --- | --- |
| 5&6& | Rock R To R Side, Recover onto L, ½ Turn Over R Shoulder Rocking R To R Side, Recover onto L, |

|  |  |
| --- | --- |
| 7&8 | ½ Turn over L shoulder Rocking R To R Side, Recover Onto L, Cross R Over L. |

**(The ½ rock turns are a little fast, please only twist your body ¼ of a turn and let your feet do the rest of the work)**

**(3 o’clock)**

**Side Behind, & Heal Ball Step, Walk Walk, Scuff Hitch Step Back.**

|  |  |
| --- | --- |
| 1,2 | Step L To L Side, Step R Behind L, |

|  |  |
| --- | --- |
| &3&4 | Step L To L Side, Dig R Heal Forward, Step R Beside L, Step L Forward, |

|  |  |
| --- | --- |
| 5,6 | Walk Forward R, Walk Forward L, |

|  |  |
| --- | --- |
| 7&8 | Scuff R Forward, Hitch R Knee, Step R Back. |

**(3 o’clock)**

**Note: Dance Finishes On Front Wall At The End Of The Dance, Please Emphasised A Big Hitch And Large Step Back To Finish.**