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| --- | --- |
| Sum Lei Yau Hei |  |

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| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Leong Mei Ling (MY) - July 2009 | | | | |
| **Music:** | Me, Myself & I (Cha-Cha Mix) - Vitamin C | | | | |
| . | | | | | | |

**Alternative: Sum Lei Yau Hei by Daniel Chan (125bpm)**

**Intro: 32 counts**

**(1-8) CROSS, BALL SIDE, CROSS ROCK SIDE, BACK ROCK, STEP LOCK STEP (S-L-S)**

|  |  |
| --- | --- |
| 1-2&3 | Cross R over L, hold (2), press ball of L beside R, push off on ball of L and step R to right |

|  |  |
| --- | --- |
| 4&5 | Cross rock L over R, recover R, step L to left |

|  |  |
| --- | --- |
| 6-7 | Rock back R, recover L |

|  |  |
| --- | --- |
| 8&1 | Step R forward, lock L behind R, step R forward [12:00] |

**(9-16) CROSS, 1/4 LEFT, S-L-S, TOGETHER, STEP, S-L-S (FAN DEVELOPMENT)**

|  |  |
| --- | --- |
| 2-3 | Cross L over R [1:30], 1/4 turn left step back R [9:00] |

|  |  |
| --- | --- |
| 4&5 | Step L back, lock R across L, step L back |

|  |  |
| --- | --- |
| &6 | Bring ball of R beside L (&), change weight to R and release L heel (6) |

|  |  |
| --- | --- |
| 7 | Step L forward |

|  |  |
| --- | --- |
| 8&1 | Step R forward, lock L behind R, step R forward |

**(18-24) RIGHT SPIRAL, STEP, S-L-S, 1/4 LEFT SWEEP, STEP, HIP BUMPS**

|  |  |
| --- | --- |
| 2 | Step L forward and make a full turn right (ending with R across and resting over L ankle) |

|  |  |
| --- | --- |
| 3 | Step R forward |

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| --- | --- |
| 4&5 | Step L forward, lock R behind L, step L forward (prep for turn & sweep) |

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| --- | --- |
| 6-7 | Turn 1/4 left sweeping R to front, Step R across L [6:00] |

|  |  |
| --- | --- |
| 8&1 | Step L to left - hip bumps left & left |

**(Easier option for count 2-3: Step L forward, lock R behind L)**

**(25-32) HIP SWAYS, HIP BUMPS, HIP SWAYS, BACK ROCK**

|  |  |
| --- | --- |
| 2-3 | Sway hips right, sway hips left |

|  |  |
| --- | --- |
| 4&5 | Hip bumps right & right |

|  |  |
| --- | --- |
| 6-7 | Sway hips left, sway hips right |

|  |  |
| --- | --- |
| 8& | Rock back L, recover R |

**(33-40) SYNCOPATED SHUFFLE, TAP BALL STEP, ROCK, 1/8 TURN STEP-TOGETHER**

|  |  |
| --- | --- |
| 1-2&3 | Step L forward to left diagonal, hold, step ball of R behind L, step L forward to left diagonal [4:30] |

|  |  |
| --- | --- |
| 4&5 | Tap R behind L, press R ball behind & slight away from L (pushing R hip behind), recover R |

|  |  |
| --- | --- |
| 6-7 | Rock R forward, recover L |

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| --- | --- |
| 8& | 1/8 turn right step R to right, step L beside R [6:00] |

**(41-49) SYNCOPATED SIDE SHUFFLE, CROSS ROCK, SIDE ROCK, 1/2 TURN SWEEP, SAILOR STEP**

|  |  |
| --- | --- |
| 1-2&3 | Step R to right, hold, step L beside R, step R to right |

|  |  |
| --- | --- |
| 4&5& | Rock L fwd, recover weight to R, touch L |

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| --- | --- |
| 6-7 | Step L forward, turn 1/2 right sweeping R front to back (weight remains on L) [12:00] |

|  |  |
| --- | --- |
| 8&1 | Step ball of R behind L, press ball of L beside R, step R to right diagonal [1:30] |

**(50-57) HOLD, SYNCOPATED SHUFFLE, CROSS ROCK, SIDE, CROSS, 1/4 TURN, SIDE ROCK TOUCH**

|  |  |
| --- | --- |
| 2&3 | Hold, step ball of L behind R, step R forward to right diagonal |

|  |  |
| --- | --- |
| 4&5 | Cross L over R, recover to L, step L to side (left foot & body to face 10:30) |

|  |  |
| --- | --- |
| 6-7 | Step R forward [10:30], 1/4 turn right step L back [3:00] |

|  |  |
| --- | --- |
| 8&1 | Rock R to right, recover L, touch R beside L |

**(58-64) BACK ROCK, S-L-S, STEP, 1/2 TURN, BACK TOGETHER**

|  |  |
| --- | --- |
| 2-3 | Rock back R, recover L |

|  |  |
| --- | --- |
| 4&5 | Step R forward, lock L behind R, step R forward |

|  |  |
| --- | --- |
| 6-7 | Step fwd L, turn 1/4 right touch R beside L |

|  |  |
| --- | --- |
| 8& | Rock R to side, recover weight to L |

**REPEAT**

**Note: Many thanks to my mother, my first cha-cha ‘teacher’ and to Bronya for her invaluable input.**

**Last Update - 14 July 2023 - R2**