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| Break Your Heart |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate / Advanced | . |
| **Choreographer:** | Shaz Walton (UK) - August 2009 |
| **Music:** | Break Your Heart - Taio Cruz |
| . |

**Count in – start on the word ‘Baby’**

**Styling……………. Purely Optional!**

**Walk back. Back. Sailor ½ . press. Back. Sailor ¼. Side.**

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| 1-2 | Walk back right. Walk back left. |

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| 3&4 | Cross right behind left making ¼ right. Step back left making ¼ right. Press right forward. |

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| 5 | Step back on left. |

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| 6&7 | Sailor ¼ Cross Right. |

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| 8 | Step left to left side. |

**Cross. Rock. Recover/Hitch. Side. Cross rock. Side. Cross. ¼. Forward**

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| 1 | Cross step right over left. |

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| 2&3 | Rock out to left. Recover on right as you hitch left. Step left to left. |

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| 4&5 | Cross rock right behind left. Recover on left. Step right to right. |

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| 6-7-8 | Cross step left over right. Make ¼ right stepping right forward. Step left forward. |

**Forward. Grind. ¼. Grind ¼. Chug ¼ right x3**

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| 1 | Step forward right. |

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| 2-3 | Dig left heel beside right. Make ¼ left dropping left toes- taking weight |

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| 4-5 | Dig right heel beside left. Make ¼ right dropping right toes- taking weight |

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| 6-7-8 | Keeping right foot flat on floor make ¼ right – left foot stays flat & touches to side x 3. |

**(Drop weight to left on count 8)**

**Ball. Cross. 1/4. Rock. Recover. Back. Shuffle ½ turn (lean Back) side**

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| &1 | Step right beside left. Cross left over right. |

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| 2-3-4 | Make ¼ right stepping right forward. Rock forward left. Recover on right |

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| 5 | Step back left. |

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| 6&7 | (leaning back- circle upper body) step right to side ¼ right. Step left beside right making ¼ right. Step right forward. |

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| 8 | Step left to left side. (Roll Hips left) |

**Side. Touch. Out. ¼. Fall. Step. ¼. Cross.**

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| 1-2 | Step right to right side (Roll Hips Right) Touch left behind right. |

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| 3-4 | Touch left to left side. Keeping left leg straight make ¼ left (weight on right) |

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| 5-6 | Transfer weight to left as if falling forward. Step forward right. |

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| 7-8 | Pivot ¼ left. Cross right over left. |

**Back. Together. Forward. Rock. Recover. ½. Triple full turn. Together. Dip.**

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| &1 | Step back left. Step right beside left. (Raise on to toes) |

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| 2-3-4 | Step forward left. Rock forward right. Recover on left. |

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| 5 | Make ½ right stepping right forward. |

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| 6&7 | Full triple turn right stepping L-R-L (start to slide right up to left) |

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| 8 | Slide right up to left bring feet together & Dip. (Weight Left) \*\* Restart Point |

**Out. Out. Bump. Bump. Bump. ¼ sit (raise). Recover. Back. ¼.**

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| &1 | Step right to right side. Step left to left. |

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| 2-3-4 | (keeping Legs Straight) Bump hips L-R-L |

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| 5-6 | (Circling hips anti clockwise) make ¼ turn left (weight back on right- raise left leg) recover on left. |

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| 7-8 | Rock back right. Step left ¼ left. |

**Ball. Point. Drag/dip. Contract/Roll. Hip pushes x2. Ball. Forward. Press.**

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| &1 | Step right beside left. Touch left to left side (bending right knee) |

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| 2-3 | Drag left up to right keeping knees bent. Roll/ contract upper body to resume standing position (weight right) |

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| 4-5-6 | Step forward left. Push hips forward x2 (weight right) |

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| &7-8 | Step left beside right. Step forward right. Press forward on left (raise right behind if you wish) |

**\*\*Restart During Second wall after count \*\*48. You will be facing the back wall.**

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