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| Stomp & Kick |  |

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| **Count:** | 40 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Kate Sala (UK) - February 2010 | | | | |
| **Music:** | Don't Lose Any Sleep Over You - Amy Diamond | | | | |
| . | | | | | | |

**Start after 16 Count Intro.**

**Jazz Box With Toe Struts, Jump, Chasse Right, Sailor Step With 1/4 Turn Left.**

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| 1 & 2 & | Cross R Toe over L. Drop R heel to floor. Step back on L Toe. Drop L heel to floor. |

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| 3 & 4 | Step R Toe to R side. Drop R heel to floor. Jump in place bringing in L next to R. |

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| 5 & 6 | Step R to R side. Step L next to R. Step R to R side. |

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| 7 & 8 | Cross step L behind R. Turn 1/4 L stepping R to R side. Step L slightly forward. (9 o’clock) |

**Stomp, Stomp, Kick, Out, Out, Ball Step, Rock Forward, Shuffle 1/2 Turn Right.**

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| 1 & 2 | Stomp R down in place. Stomp L down in place. Kick forward with Right. |

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| & 3 | Step on R out to R side. Step on L out to L side. |

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| & 4 | Step down on ball of R into centre. Step forward on L. |

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| 5 6 | Rock forward on R. Recover onto L. |

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| 7 & 8 | Turn 1/4 R stepping R out to R side. Step L next to R. Turn 1/4 R stepping forward on R. (3 o’clock) |

**Side Strut L, Cross Rock Back, Kick Forward, Rock Back, Charleston Step, Rock Back.**

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| --- | --- |
| 1 & 2 & | Step L Toe to L side. Drop L heel to floor. Cross rock back on R behind L. Recover on L. |

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| 3 & 4 & | Kick R foot forward. Step R down in place. Rock back on L. Recover onto R. |

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| 5 6 | Step forward on L. Swing R foot round from back to front touching R toe forward. |

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| 7 | Swing R foot round from front to back stepping back on R. |

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| 8 & | Rock back on L. Recover onto R. (3 o’clock) |

**Walk Forward x 2, Mambo Forward, Turn 1/2 Right x 2, Touch Right Next to Left, Bump Hip.**

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| 1 2 | Walk forward on L, R. |

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| 3 & 4 | Rock forward on L. Recover onto R. Step back on L. |

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| 5 6 | Make 1/2 turn R stepping forward on R. Make 1/2 turn R stepping back on L. |

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| 7 & 8 | Touch R toe next to L instep. Bump R hip to R side. Recover onto L. (3 o’clock) |

**Right Side Rock & Cross, Left Side Rock & Cross, Step Pivot 1/2 Turn L. Kick, Turn 1/2 L, Kick.**

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| --- | --- |
| 1 & 2 | Rock out on R to R side. Recover onto L. Cross step R over L & stepping slightly forward. |

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| --- | --- |
| 3 & 4 | Rock out on L to L side. Recover onto R. Cross step L over R & stepping slightly forward. |

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| 5 6 | Step forward on R. Pivot 1/2 Turn L. |

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| 7 8 | Kick R foot forward. Pivot 1/2 turn left on ball of L kicking R foot forward. (3 o’clock) |

**Start Again.**

**Tag: 8 Count Tag is danced everytime you face the back & front wall.**

**End of wall 2 facing 6 o’clock. End of wall 4 facing 12 o’clock. End of wall 6 facing 6 o’clock.**

**Cross Rock, Chasse Right With 1/4 Turn Right, Step Pivot 3/4 Turn R, Chasse Left.**

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| --- | --- |
| 1 2 | Cross rock on R over L. Recover onto L. |

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| --- | --- |
| 3 & 4 | Step R to R side. Step L in next to R. Make 1/4 turn R stepping forward on R. |

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| --- | --- |
| 5 6 | Step forward on L. Pivot 3/4 turn R. |

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| --- | --- |
| 7 & 8 | Step L to L side. Step R in next to L. Step L to L side. |

**Ending: You will finish the dance with Rock step shuffle 1/2 turn to face 9 o’clock on count 8 section 2. Then turn 1/4 R stepping L to L side for the last beat of the song to face 12 o’clock.**