|  |  |
| --- | --- |
| Mayhem |  |

.

|  |
| --- |
| . |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Alan Haywood (UK) - September 2010 |
| **Music:** | Mayhem - Imelda May : (Album: Wild Target) |
| . |

**Please note: The whole dance is danced as single counts with the exception of ‘&7’ in Section 5.**

**48 count intro – start on vocals**

**Section 1**

**R forward rocking chair, vine ¼ R, hold**

|  |  |
| --- | --- |
| 1-2 | Rock forward onto right, recover weight back onto left, |

|  |  |
| --- | --- |
| 3-4 | Rock back onto right, recover weight forward onto left |

|  |  |
| --- | --- |
| 5-6 | Step right to right side, cross step left behind right |

|  |  |
| --- | --- |
| 7-8 | Step right ¼ right, hold for one count (3 o’clock) |

**Section 2**

**L forward mambo, ½ L, hold, ½ L, hold, ½ L, hold**

|  |  |
| --- | --- |
| 1-2 | Rock forward onto left, recover weight back onto right |

|  |  |
| --- | --- |
| 3-4 | Make a ½ turn left stepping left forward, hold for one count (9 o’clock) |

|  |  |
| --- | --- |
| 5-6 | Make ½ turn left stepping right back, hold for one count (3 o’clock) |

|  |  |
| --- | --- |
| 7-8 | Make a ½ turn left stepping left forward, hold for one count (9 o’clock) |

**Alternative for 5-6 and 7-8: Step forward right, hold, step forward left, hold**

**Section 3**

**R forward mambo, hitch L, L slow coaster, hold**

|  |  |
| --- | --- |
| 1-2 | Rock forward onto right, recover weight back onto left |

|  |  |
| --- | --- |
| 3-4 | Step right slightly back, hitch left knee |

|  |  |
| --- | --- |
| 5-6 | Step back onto left, step back onto right |

|  |  |
| --- | --- |
| 7-8 | Step left forward, hold for one count |

**Section 4**

**Prissy walk R, hold, L, hold, R forward, ¼ L, R over, ¼ R**

|  |  |
| --- | --- |
| 1-2 | Step right in front of left, hold for one count |

|  |  |
| --- | --- |
| 3-4 | Step left in front of right, hold for one count |

|  |  |
| --- | --- |
| 5-6 | Step forward onto right, pivot ¼ turn left (6 o’clock) |

|  |  |
| --- | --- |
| 7-8 | Cross step right over left, make a ¼ turn right stepping back onto left (9 o’clock) |

**Section 5**

**R sailor ¼ R, hold, point L to L side, hold, & and point R to R side, hold**

|  |  |
| --- | --- |
| 1-2 | Making a ¼ turn right stepping right behind left, step left to left side (12 o’clock) |

|  |  |
| --- | --- |
| 3-4 | Step right forward, hold for one count |

|  |  |
| --- | --- |
| 5-6 | Point left to left side, hold for one count |

|  |  |
| --- | --- |
| &7-8 | Step left next to right, point right to right side, hold for one count |

**XXXX RESTART HERE DURING WALL 5 XXXX**

**Section 6**

**R sailor ¼ R, hold, L forward mambo ½ L, hold**

|  |  |
| --- | --- |
| 1-2 | Making a ¼ turn right stepping right behind left, step left to left side (3 o’clock) |

|  |  |
| --- | --- |
| 3-4 | Step right forward, hold for one count |

|  |  |
| --- | --- |
| 5-6 | Rock forward onto left, recover weight back onto right |

|  |  |
| --- | --- |
| 7-8 | Make a ½ turn left stepping left forward, hold for one count |

**Restart – During wall 5, (she starts singing slowly), you will facing 12 o’clock – dance up to the end of section 5, then**

**restart the dance – you will be facing 12 o’clock.**

**Tag – At the end of wall 6 – facing 9 o’clock – add 16 counts as follows:**

**R forward mambo, hold, L back mambo, hold, R side mambo, hold, L side mambo, hold**

**Wall 6 starts as the instrumental section – do the whole dance, then add the tag – still instrumental section – dance will restart with vocals.**

**TAG AND RESTART ARE OBVIOUS AND EASY – I PROMISE!**

**E-Mail: alan.haywood@yahoo.com - Website: www.alanhaywood.co.uk**