|  |  |
| --- | --- |
| Too Hurt To Dance |  |

.

|  |
| --- |
| . |
| **Count:** | 48 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Roy Verdonk (NL) & Wil Bos (NL) - March 2011 |
| **Music:** | Too Hurt To Dance - Duffy |
| . |

**Intro:48 counts (Start on Main vocals)**

**STEP FORWARD, TOUCH LEFT SIDE, HOLD STEP BACK, TOUCH R SIDE, HOLD**

|  |  |
| --- | --- |
| 1 | RF Step Forward |

|  |  |
| --- | --- |
| 2 | LF Touch Left |

|  |  |
| --- | --- |
| 3 | Hold |

|  |  |
| --- | --- |
| 4 | LF Step Back |

|  |  |
| --- | --- |
| 5 | RF Touch Right |

|  |  |
| --- | --- |
| 6 | Hold |

**BASIC FORWARD WITH ½ TURN R, STEP BACK, TOUCH R SIDE, HOLD**

|  |  |
| --- | --- |
| 7 | RF Step forward |

|  |  |
| --- | --- |
| 8 | Make ½ Turn R, Step LF Back |

|  |  |
| --- | --- |
| 9 | RF Step Back |

|  |  |
| --- | --- |
| 10 | LF Step Back |

|  |  |
| --- | --- |
| 11 | RF Touch To Right Side |

|  |  |
| --- | --- |
| 12 | Hold |

**STEP FORWARD, TOUCH LEFT SIDE, HOLD, STEP BACK, TOUCH R SIDE, HOLD**

|  |  |
| --- | --- |
| 13 | RF Step Forward |

|  |  |
| --- | --- |
| 14 | LF Touch Left |

|  |  |
| --- | --- |
| 15 | Hold |

|  |  |
| --- | --- |
| 16 | LF Step Back |

|  |  |
| --- | --- |
| 17 | RF Touch Right |

|  |  |
| --- | --- |
| 18 | Hold |

**BASIC FORWARD WITH ½ TURN R STEP BACK, TOUCH R SIDE, HOLD**

|  |  |
| --- | --- |
| 19 | RF Step Forward |

|  |  |
| --- | --- |
| 20 | Make ½ Turn R, Step LF Back |

|  |  |
| --- | --- |
| 21 | RF Step Back |

|  |  |
| --- | --- |
| 22 | LF Step Back |

|  |  |
| --- | --- |
| 23 | RF Touch To Right Side |

|  |  |
| --- | --- |
| 24 | Hold |

**WEAVE, SLIDE LEFT**

|  |  |
| --- | --- |
| 25 | RF Cross In Front Of LF |

|  |  |
| --- | --- |
| 26 | LF Step To Left Side |

|  |  |
| --- | --- |
| 27 | RF Cross Behind LF |

|  |  |
| --- | --- |
| 28 | LF Make A Big Step To Left Side |

|  |  |
| --- | --- |
| 29 | RF Drag Next To Left Foot |

|  |  |
| --- | --- |
| 30 | RF Touch Next To LF |

**1¼ TURNS RIGHT, STEP FORWARD, DRAG TOGETHER**

|  |  |
| --- | --- |
| 31 | Make ¼ turn R, RF Step Forward |

|  |  |
| --- | --- |
| 32 | Make ½ Turn R, LF Step Back |

|  |  |
| --- | --- |
| 33 | Make ½ Turn R, RF Step Forward |

|  |  |
| --- | --- |
| 34 | LF Make A Big Step Forward |

|  |  |
| --- | --- |
| 35 | RF Drag Next To LF |

|  |  |
| --- | --- |
| 36 | RF Touch Next To LF |

**STEP BACK, DRAG TOGETHER, STEP FORWARD WITH SWEEP WITH ¼ TURN L**

|  |  |
| --- | --- |
| 37 | RF Step Back |

|  |  |
| --- | --- |
| 38 | LF Drag Next To RF |

|  |  |
| --- | --- |
| 39 | LF Touch Next To RF |

|  |  |
| --- | --- |
| 40 | LF Step Forward |

|  |  |
| --- | --- |
| 41 | Make ¼ Turn Left |

|  |  |
| --- | --- |
| 42 | Sweep RF From Back To Front |

**TWINKE WITH ½ TURN R, TWINKLE WITH ¼ TURN L**

|  |  |
| --- | --- |
| 43 | RF Cross In Front Of LF |

|  |  |
| --- | --- |
| 44 | Make ¼ Turn R, Step LF Back |

|  |  |
| --- | --- |
| 45 | Make ¼ Turn R, Step RF To Right Side |

|  |  |
| --- | --- |
| 46 | LF Cross In Front Of RF |

|  |  |
| --- | --- |
| 47 | Make ¼ Turn L, RF Step Back |

|  |  |
| --- | --- |
| 48 | LF Step To The Left Side |

**Note:**

**There are two tags, after walls 2 and 6. Do the first 6 counts of the dance**

**There is a tag after wall 4. Do the first 6 counts of the dance twice.**

**Look for more information on www.wbos.nl or royverdonkdancers.com**