|  |  |
| --- | --- |
| Sweet Taboo |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | Intermediate Samba Rhythm | . |
| **Choreographer:** | Michael Barr (USA) - June 2011 | | | | |
| **Music:** | The Sweetest Taboo - Sade | | | | |
| . | | | | | | |

**Note: Below you will see there are 3 Samba sets of 8 that use the count of 1a2.**

**For yours truly and maybe many others the difference in this count and the more familiar count of 1&2 is pretty subtle.**

**But the more I dance the Samba rhythm the more I feel the difference.**

**As an instructor I also like the cadence of the “a” as it conveys to the dancer more of what the rhythm feels like. I look at it this way.**

**The count 1&a2 has 4 parts.**

**If you take the “&” away you would dance the 1a2. The “a” is after the “&” so just wait for the “a” to happen and you’re on the beat.**

**Also, I think of the count 1a2, 3a4, etc., as Down-Up-Flat, Down-Up-Flat……. Counts 17-24 are counted 1&2 because the steps are not true Samba steps.**

**Intro: 48 counts**

**[1-8] 4 FORWARD TRAVELING BOTA FOGOS**

|  |  |
| --- | --- |
| 1 a 2 | Step R forward to left diagonal; Step ball of L side left (raise left hip); Return weight to R in place |

|  |  |
| --- | --- |
| 3 a 4 | Step L forward to right diagonal; Step ball of R side right (raise right hip); Return weight to L in place |

|  |  |
| --- | --- |
| 5 a 6 | Step R forward to left diagonal; Step ball of L side left (raise left hip); Return weight to R in place |

|  |  |
| --- | --- |
| 7 a 8 | Step L forward to right diagonal; Step ball of R side right (raise right hip); Return weight to L in place |

**Note: Although you are stepping to the diagonals on 1,3,5,7, keep your body mostly squared up on the front wall.**

**[9-16] SIDE SAMBA WALKS – SAMBA FORWARD 1/4 RIGHT, SAMBA BACK 1/4 RIGHT**

|  |  |
| --- | --- |
| 1 a 2 | Step R forward; Step ball of L side left; Turn ¼ right stepping onto R in place 3 o’clock |

|  |  |
| --- | --- |
| 3 a 4 | Step L forward; Step ball of R side right; Turn ¼ left stepping onto L in place 12 o’clock |

|  |  |
| --- | --- |
| 5 a 6 | Step R forward; Turn ¼ right as you step on the ball of L; Step R next to L 3 o’clock |

|  |  |
| --- | --- |
| 7 a 8 | Step L back; Turn ¼ right stepping R side right; Step L next to R 6 o'clock |

**[17-24] SCISSORS CROSS, 1/2 TURN POINT – 1/4-FORWARD-1/4, CROSS & CROSS**

|  |  |
| --- | --- |
| 1 & 2 | Step R side right; Step ball of L next to R; Step R in front of L (prep for ½ turn right) |

|  |  |
| --- | --- |
| 3 & 4 | Turn ¼ right & step back on L; Turn ¼ right & step R side right (R knee bent); Point L side left (prep) 12 o’clock |

|  |  |
| --- | --- |
| 5 & 6 | Turn ¼ left onto L in place; Step R forward; Turn ¼ left taking weight onto L 6 o’clock |

|  |  |
| --- | --- |
| 7 & 8 | Cross R in front of L; Step L side left; Cross R in front of L |

**[25-32] SAMBA WHISK LEFT & RIGHT – FULL TURNING VOLTA**

|  |  |
| --- | --- |
| 1 a 2 | Step L side left (down); Step ball of R behind left heel (up); Return weight to L in place (flat) |

|  |  |
| --- | --- |
| 3 a 4 | Step R side right (down); Step ball of L behind right heel (up); Return weight to R in place (flat) |

|  |  |
| --- | --- |
| 5 a | Turn ¼ left stepping on L in place; Step ball of R behind L heel |

|  |  |
| --- | --- |
| 6 a | Turn ¼ left stepping on L in place; Step ball of R behind L heel |

|  |  |
| --- | --- |
| 7 a | Turn ¼ left stepping on L in place; Step ball of R behind L heel |

|  |  |
| --- | --- |
| 8 | Turn ¼ left stepping on L in place |

**Begin Again and Enjoy!**

**Music note: The last minute of the song is an instrumental so I fade the song at 3:15. Contact me for more info.**

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