|  |  |
| --- | --- |
| Centurion |  |

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| . |
| **Count:** | 100 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Rob Fowler (ES) - April 2012 |
| **Music:** | My Heart's Broke Down (But My Mind's Made Up) - Dean Miller |
| . |

**Intro : 16 counts**

**Toe In, Kick, Cross, Toe In, Kick, Cross, Hop, Hop**

|  |  |
| --- | --- |
| 1-2-3 | Touch right toe beside left (right knee bent towards left), right kick diagonally forward, cross right over left |

|  |  |
| --- | --- |
| 4-5-6 | Touch left toe beside right (left knee bent towards right), left kick diagonally forward, cross left over right |

|  |  |
| --- | --- |
| 7-8 | Hop backward on left foot and tap right point behind left heel (twice) |

**Back-Heel-Step-Touch, Back-Heel-Step-Brush, Step ¼ Turn, Stomp, Stomp**

|  |  |
| --- | --- |
| &1&2 | Step right back, touch left heel diagonally forward, step left beside right, touch right toe beside left |

|  |  |
| --- | --- |
| &3&4 | Step right back, touch left heel diagonally forward, step left beside right, right brush forward |

|  |  |
| --- | --- |
| 5-6 | Step right forward, ¼ turn left (weight onto left) |

|  |  |
| --- | --- |
| 7-8 | Stomp right next left, stomp left next right |

**Side Toe Strut, Cross Toe Strut, Chassé to the Right, Back Rock, Recover**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right toe side, drop right heel, step left toe cross right, drop left heel |

|  |  |
| --- | --- |
| 5&6-7-8 | Chassé (RLR) right side, rock left backward, recover to right |

**Side Toe Strut, Cross Toe Strut, Chassé to the Left, Back Rock, Recover**

|  |  |
| --- | --- |
| 1-2-3-4 | Step left toe side, drop left heel, step right toe cross left, drop right heel |

|  |  |
| --- | --- |
| 5&6-7-8 | Chassé (LRL) left side, rock right backward, recover to left |

**Figure of Eight**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right to right, step left behind right, turn ¼ right and step right forward, step left forward |

|  |  |
| --- | --- |
| 5-6-7-8 | ½ turn right (weight onto right), ¼ turn right and step left to left, step right back, ¼ turn left and step left forward\* |

**\* TAGS on wall 4 (you are facing 12h00)**

**Right Shuffle forward, Left Rock forward, Recover, 1½ Turn left, Brush Right**

|  |  |
| --- | --- |
| 1&2 | Step right forward, close left beside right, step right forward |

|  |  |
| --- | --- |
| 3-4 | Rock left forward, recover onto right |

|  |  |
| --- | --- |
| 5-6-7 | ½ turn left and step left forward, ½ turn left and step right back, ½ turn left and step left forward |

|  |  |
| --- | --- |
| 8 | Brush right forward |

**\*RESTART on wall 3 (you are facing 6h00)**

**Out-Out-In-In**

|  |  |
| --- | --- |
| 1-2 | Step right diagonally forward, step left to left |

|  |  |
| --- | --- |
| 3-4 | Step right center, step left beside right |

**Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down**

|  |  |
| --- | --- |
| 1-2 | Kick right forward, step right back with bumps (bend the knees and bump back) |

|  |  |
| --- | --- |
| 3-4-5-6 | Bump forward (up), bump back (down), bump forward (up), bump back |

|  |  |
| --- | --- |
| 7&8 | Step right beside left, lift both heels off (bending the knees), drop heels |

**Right Side Rock Cross, Hold, Left Side Rock Cross, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Rock right to right side, recover to left, step right cross left, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Rock left to left side, recover to right, step left cross right, hold |

**Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right forward, ½ turn left (weight onto left), step right forward, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left forward, ½ turn right (weight onto right), step left forward, hold |

**Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down**

|  |  |
| --- | --- |
| 1-2 | Kick right forward, step right back with bumps (bend the knees and bump back) |

|  |  |
| --- | --- |
| 3-4-5-6 | Bump forward (up), bump back (down), bump forward (up), bump back |

|  |  |
| --- | --- |
| 7&8 | Step right beside left, lift both heels off (bending the knees), drop heels |

**Grapevine to the right, Touch, Grapevine ½ turn to the left, Brush**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right to right, step left behind right,step right to right, touch left next right |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left to left, step right behind left, ½ turn left and step left forward, brush right forward |

**Grapevine to the right, Touch, Grapevine ¼ turn to the left, Brush**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right to right, step left behind right,step right to right, touch left next right |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward |

**RESTART & TAG :**

**On wall 3 : RESTART at the end of section 6 (you are facing 6h00)**

**On wall 4 : TAG at the end of section 5 (Figure Of Eight) (you are facing 12h00)**

**Single**

**Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down**

|  |  |
| --- | --- |
| 1-2 | Kick right forward, step right back with bumps (bend the knees and bump back) |

|  |  |
| --- | --- |
| 3-4-5-6 | Bump forward (up), bump back (down), bump forward (up), bump back |

|  |  |
| --- | --- |
| 7&8 | Step right beside left, lift both heels off (bending the knees), drop heels |

**Right Side Rock Cross, Hold, Left Side Rock Cross, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Rock right to right side, recover to left, step right cross left, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Rock left to left side, recover to right, step left cross right, hold |

**Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right forward, ½ turn left (weight onto left), step right forward, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left forward, ½ turn right (weight onto right), step left forward, hold |

**Double**

**Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down**

|  |  |
| --- | --- |
| 1-2 | Kick right forward, step right back with bumps (bend the knees and bump back) |

|  |  |
| --- | --- |
| 3-4-5-6 | Bump forward (up), bump back (down), bump forward (up), bump back |

|  |  |
| --- | --- |
| 7&8 | Step right beside left, lift both heels off (bending the knees), drop heels |

**Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up**

|  |  |
| --- | --- |
| 1-2 | Kick right forward, step right back with bumps (bend the knees and bump back) |

|  |  |
| --- | --- |
| 3-4-5-6 | Bump forward (up), bump back (down), bump forward (up), bump back |

|  |  |
| --- | --- |
| 7&8 | Step right beside left, lift both heels off (bending the knees), drop heels |

**Right Side Rock Cross, Hold, Left Side Rock Cross, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Rock right to right side, recover to left, step right cross left, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Rock left to left side, recover to right, step left cross right, hold |

**Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right forward, ½ turn left (weight onto left), step right forward, hold |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left forward, ½ turn right (weight onto right), step left forward, hold |

**Single with extra and continue (final) :**

**Right Kick forward, Step back, Hip forward, Hip back (sit down) (6x), Together, Hop (3x)**

|  |  |
| --- | --- |
| 1-2-3-4 | Kick right forward, step right back with bumps (bend the knees and bump back), bump forward (up), bump back |

|  |  |
| --- | --- |
| 5-6-7-8 | Bump forward (up), bump back (down), bump forward (up), bump back (down) |

|  |  |
| --- | --- |
| 1-2-3-4 | Bump forward (up), bump back (down), bump forward (up), bump back (down) |

|  |  |
| --- | --- |
| 5-6 | Bump forward (up), bump back (down) |

|  |  |
| --- | --- |
| 1-2-3-4 | Step right beside left, jump (3x) |

**Grapevine to the right, Touch, Grapevine ½ turn to the left, Brush**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right to right, step left behind right,step right to right, touch left next right |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left to left, step right behind left, ½ turn left and step left forward, brush right forward |

**Grapevine to the right, Touch, Grapevine ¼ turn to the left, Brush**

|  |  |
| --- | --- |
| 1-2-3-4 | Step right to right, step left behind right,step right to right, touch left next right |

|  |  |
| --- | --- |
| 5-6-7-8 | Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward |

**Final**

**Stomp right to right, stomp left to left, knees bend, body slightly turned to the left, make big cercles with right arm (clockwise)**