|  |  |
| --- | --- |
| Mr Postman |  |

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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | Easy Beginner | . |
| **Choreographer:** | Terri Lineberry (USA) - July 2012 | | | | |
| **Music:** | Please Mr. Postman - Carpenters : (CD: Horizons - iTunes) | | | | |
| . | | | | | | |

**Begin on lyrics: 16 count intro**

**HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE RIGHT FORWARD**

|  |  |
| --- | --- |
| 1-2 | Touch right heel forward, hook right across left |

|  |  |
| --- | --- |
| 3-4 | Touch right heel forward, flick right to right |

|  |  |
| --- | --- |
| 5-6 | Step right forward, step left to right |

|  |  |
| --- | --- |
| 7-8 | Step right forward, scuff left beside right |

**HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE LEFT FORWARD**

|  |  |
| --- | --- |
| 1-2 | Touch left heel forward, hook left across right |

|  |  |
| --- | --- |
| 3-4 | Touch left heel forward, flick left to left |

|  |  |
| --- | --- |
| 5-6 | Step left forward, step right to left |

|  |  |
| --- | --- |
| 7-8 | Step left forward, scuff right beside left |

**TOE STRUT JAZZBOX ¼ TURN RIGHT**

|  |  |
| --- | --- |
| 1-2 | Step right toe across left, down on right heel |

|  |  |
| --- | --- |
| 3-4 | Step left toe back ¼ turn right, down on left heel |

|  |  |
| --- | --- |
| 5-6 | Step right toe to right, down on right heel |

|  |  |
| --- | --- |
| 7-8 | Step left toe forward, down on left heel |

**TOE STRUT JAZZBOX ¼ TURN RIGHT**

|  |  |
| --- | --- |
| 1-2 | Step right toe across left, down on right heel |

|  |  |
| --- | --- |
| 3-4 | Step left toe back ¼ turn right, down on left heel |

|  |  |
| --- | --- |
| 5-6 | Step right toe to right, down on right heel |

|  |  |
| --- | --- |
| 7-8 | Step left toe forward, down on left heel |

**REPEAT AGAIN**