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| --- | --- |
| A Thousand Years |  |

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| . |
| **Count:** | 36 | **Wall:** | 2 | **Level:** | Improver / Intermediate | . |
| **Choreographer:** | Nicky Tan (MY) - May 2012 |
| **Music:** | A Thousand Years - Christina Perri |
| . |

**Dance starts after 48 counts (at vocal)**

**Section 1 : Step forward with Ronde Sweep, Jazz Box**

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| 1-3 | Step LF forward with RF Ronde sweep to front over two counts |

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| 4,5,6 | Cross RF over LF, Step LF back, Step RF to R |

**Section 2 : Cross, Hold, Step, Behind, ¼ Turn Forward**

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| 1-3 | Cross LF over RF & hold for two counts |

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| 4,5,6 | Step RF to R, Cross LF behind RF, Turn ¼ R & Step RF forward |

**Section 3 : Forward Touch with body & arms movement**

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| 1-3 | Touch LF forward & bend body forward at the same time with hands out in front, hold for two counts |

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| 4-6 | Straighten body & open arms out to side |

**Section 4 : Basic Waltz Back, ¼ Turn Twinkle turning R**

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| --- | --- |
| 1,2,3 | Step LF back, Step RF beside LF, Step LF beside RF |

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| --- | --- |
| 4,5,6 | Cross RF over LF, Turn ¼ R & Step LF to L, Step RF beside LF |

**Section 5 : Cross, ½ Turn, Step, Cross, ½ Turn, Step**

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| --- | --- |
| 1,2,3 | Cross LF over RF, Turn ¼ L & Step RF back, Turn ¼ L & Step LF to L |

|  |  |
| --- | --- |
| 4,5,6 | Cross RF over LF, Turn ¼ R & Step LF back, Turn ¼ R & Step RF to R |

**Section 6 : Step, Point, Hold 2X**

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| --- | --- |
| 1,2,3 | Step LF forward, Point RF to R, Hold |

|  |  |
| --- | --- |
| 4,5,6 | Step RF back, Point LF to L, Hold |

**Contact: nickytty@gmail.com**