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| Gangnam Slide |  |

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| **Count:** | 180 | **Wall:** | 1 | **Level:** | Phrased Beginner | . |
| **Choreographer:** | Roly Ansano (USA) - February 2013 | | | | |
| **Music:** | Gangnam Slide by NamuKagemaruDragon | | | | |
| . | | | | | | |

**Seq: A B D E F G - B1 B2 C E F G - D T G**

**Intro: 32 counts after the word 'funky'**

**Note: Thanks to Psy and DJ Casper for the key steps and core music.**

**Part A (32 ): HAND CLAPS**

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| 1-32 | Clap hands 32x with the rhythm |

**Part B (32): VINES, HOPS, STOMPS, ROCK-AND-BACK**

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| 1-4 | Step R to side, cross L behind R, step R to side, touch L together |

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| 5-8 | Step L to side, cross R behind L, step L to side, touch R together |

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| 9-12 | Walk back R, L, R, hold |

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| 13-16 | Jump forward on both feet, hold |

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| 17-20 | Jump forward on both feet, hold |

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| 21-24 | Stomp R forward, step on R, hold |

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| --- | --- |
| 25-28 | Stomp L forward, step on L, hold |

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| 29-32 | Rock R forward, recover to L, step R back, hold |

**Part B1 and Part B2 : VINES, HOPS, STOMPS, ROCK-AND-BACK**

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| 1-32 | Same step pattern as Part B. Listen to the music for changes in the number of hops or stomps. |

**Part C (32): SLIDES, CRISS-CROSS JUMPS, STOMPS**

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| 1-4 | Big step L to side on two counts, slide R together, hold |

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| 5-8 | Big step R to side on two counts, slide L together, hold |

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| 9-12 | Jump and land on R crossed over L, unross jump on feet apart, hold |

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| --- | --- |
| 13-16 | Jump and land on R crossed over L, uncross jump on feet apart, hold |

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| 17-20 | Stomp R forward twice, step on R, hold |

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| --- | --- |
| 21-24 | Stomp L forward twice, step on L, hold |

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| 25-32 | Repeat 17-24 |

**Part D (32): SHRINK DOWN, STRETCH UP, HOP**

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| 1-16 | Bend knees and gradually lower body to squat position |

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| 17-28 | Straighten up gradually to upright position |

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| 29-32 | Jump forward on both feet, hold |

**Part E (20): TREADMILL RUNS, HAND CLAPS, FREEZE**

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| 1&-8& | Run in place stepping R-L, 8x |

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| 9-16 | Clap hands 8x with the rhythm |

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| 17-20 | Hold |

**Part F (32): GALLOP, RODEO, GALLOP, RODEO**

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| 1-2 | Rise on ball of L and hitch-step R, rise on ball of R and hitch-step L |

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| 3-4 | Rise on ball of L and hitch-step R twice |

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| 5-6 | Rise on ball of R and hitch-step L, rise on ball of L and hitch-step R |

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| --- | --- |
| 7-8 | Rise on ball of R and hitch-step L twice |

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| 9-32 | Repeat 1-8, three times |

**Styling:**

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| 1-8 & 17-24 | Hold hands forward across chest, right over left |

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| 9-16 & 25-32 | Leave left hand in place, whirl imaginary lasso with right hand |

**Part G (32): BOUNCE, GRIND, GALLOP, BOUNCE, GRIND, GALLOP**

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| 1-4 | Bounce knees slightly forward four times |

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| 5-8 | Swing hips to left and roll them around twice |

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| 9-16 | Repeat 1-8, Part F |

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| 17-32 | Repeat 1-16 |

**Styling:**

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| --- | --- |
| 1-4 | Point left hand forward and sweep arm horizontally to left |

|  |  |
| --- | --- |
| 17-20 | Point right hand forward and sweep arm horizontally to right |

**Part T (8-count TAG): Repeat 1-8, Part F**

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