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| Make A Start |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Robbie McGowan Hickie (UK) - March 2013 | | | | |
| **Music:** | Knock Yourself Out - Lee Roy Parnell : (CD: We All Get Lucky Sometimes) | | | | |
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**24 Count intro from the Beginning**

**Alternatives:-**

**“I Ain’t Never” by Pam Tillis (138 bpm…16 Count intro) CD…“It’s All Relative”**

**“Take These Chains From My Heart” by Lee Roy Parnell (130 bpm…32 Count intro) CD…“On The Road”**

**Step Forward Right. Scuff. Step Forward Left. Scuff. Forward Rock. 2 x Walks Back.**

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| 1 – 2 | Step forward on Right. Scuff Left forward. |

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| --- | --- |
| 3 – 4 | Step forward on Left. Scuff Right forward. |

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| --- | --- |
| 5 – 6 | Rock forward on Right. Rock back on Left. |

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| --- | --- |
| 7 – 8 | Walk back on Right. Walk back on Left. |

**Back Rock. Touch Out. Touch In. 4 x Hip Bumps.**

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| 1 – 2 | Rock back on Right. Rock forward on Left. |

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| --- | --- |
| 3 – 4 | Touch Right toe out to Right side. Touch Right toe beside Left. |

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| --- | --- |
| 5 – 6 | Step Right to Right side bumping hips Right. Bump hips Left. |

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| --- | --- |
| 7 – 8 | Bump hips Right. Bump hips Left. (Weight on Left) |

**Grapevine Right. Touch. Heel. Touch. Heel. Touch.**

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| 1 – 2 | Step Right to Right side. Cross Left behind Right. |

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| --- | --- |
| 3 – 4 | Step Right to Right side. Touch Left toe beside Right. |

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| --- | --- |
| 5 – 6 | Dig Left heel Diagonally forward Left. Touch Left toe beside Right. |

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| --- | --- |
| 7 – 8 | Dig Left heel Diagonally forward Left. Touch Left toe beside Right. |

**Grapevine 1/4 Turn Left. Scuff. Rocking Chair.**

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| 1 – 2 | Step Left to Left side. Cross Right behind Left. |

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| --- | --- |
| 3 – 4 | Make 1/4 turn Left stepping forward on Left. Scuff Right forward. |

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| --- | --- |
| 5 – 6 | Rock forward on Right. Rock back on Left. |

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| --- | --- |
| 7 – 8 | Rock back on Right. Rock forward on Left. (Facing 9 o’clock) |

**Start Again**

**Note: When using the music “I Ain’t Never” by Pam Tillis … the music Fades at 2mins 02secs (Approx) …**

**You should End the dance at that point, although the Music will kick back in again later.**