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| Power To The People |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Michael Barr (USA) - March 2013 | | | | |
| **Music:** | (For God's Sake) Give More Power To the People - Joss Stone : (Album: Soul Sessions Vol. 2) | | | | |
| . | | | | | | |

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**Intro: 16 counts**

**[1-8] STEP FORWARD, 1/2 TURN LEFT, TRIPLE 1/2 LEFT ~ ROCK, RETURN, 3/4 TURN RIGHT**

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| 1 - 2 | Step R forward; Turn ½ left taking weight onto L [6 o’clock] |

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| 3 & 4 | Step R forward; Turn ¼ left cross-stepping L in front of R; Turn ¼ left stepping back on R [12 o’clock] |

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| 5 - 6 | Rock step back onto L; Return weight onto R in place |

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| --- | --- |
| 7 & 8 | Step L forward; Turn ½ right taking weight onto R; Turn ¼ right stepping L side left [9 o’clock] |

**[9-16] SYNCOPATED ROCKS (w/ knee pop) ~ BEHIND, 1/4 LEFT, STEP FORWARD, 1/2 LEFT**

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| 1&2& | Cross rock R front of L; (&) Return wt. to L in place; Step R side right; (&) Cross rock L front of R |

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| 3 & 4 | Return wt. to R in place; (&) Step ball of L side left, pop Both knees; Return heels to floor wt. on L |

**Note: Only step on the ball of the L (& ct. of 3 & 4 above) as you pop your knees (heels come off floor).**

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| 5 - 6 | Step R back behind left; Turn ¼ left stepping forward on L [6 o’clock] |

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| 7 - 8 | Step R forward; Turn ½ left taking weight onto L [12 o’clock] |

**[17-24] QUICK LOCK, FORWARD, FORWARD, 1/4 RIGHT, CROSS ~ SYNCOPATED HIP BUMPS**

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| &1 - 2 | (&) Step R forward; (1) Lock/Step L foot behind R; (2) Step R forward |

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| 3 & 4 | Step L forward; Turn ¼ right taking weight onto R in place; Cross step L in front of R [3 o’clock] |

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| 5& | Small step on ball of R side right bumping R hip right; Return weight to L as you lower (knees bent) |

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| 6& | Bump R hip right (wt. right still low with bent knees); Return weight to L |

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| 7& | Rise slightly onto ball of R bumping R hip right; Return weight to L as you lower slightly (knees bent) |

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| 8 | Transfer weight to R (or take a small step to the right on the R foot) |

**Note: As you do the bumps think of forming the letter “C”.**

**[25-32] BEHIND-SIDE-CROSS-SIDE-CROSS, UNWIND 1/2 ~ LOCK STEP BACK, COASTER STEP**

|  |  |
| --- | --- |
| 1&2 | Step L behind R; Step R side R; Cross step L in front of R |

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| --- | --- |
| &3 | Step R side right; Cross step L in front of R |

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| --- | --- |
| 4 | Unwind ½ turn right in place keeping weight back on the L foot [9 o’clock] |

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| 5 & 6 | Step back on R; Lock step L foot back in front of R; Step R back |

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| --- | --- |
| 7 & 8 | Step L back; Step R next to L; Step L forward |

**Option: On count “&” of 7&; push off the R onto your L with a low flick of the R foot.**

**Begin Again!**

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