|  |  |
| --- | --- |
| Stop Me Now |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Maggie Gallagher (UK) - August 2013 | | | | |
| **Music:** | Can't Stop Me Now - Rod Stewart | | | | |
| . | | | | | | |

**Intro: 32 counts from start of vocals**

**S1: ROCK, ROCK & ROCK, ROCK, BACK, TOUCH, KICK BALL CROSS**

|  |  |
| --- | --- |
| 1-2 | Rock forward on right, Recover on left |

|  |  |
| --- | --- |
| &3-4 | Step right next to left, Rock forward on left, Recover on right |

|  |  |
| --- | --- |
| 5-6 | Step back left, Touch right next to left |

|  |  |
| --- | --- |
| 7&8 | Kick right forward, Step right next to left, Cross left over right |

**S2: SIDE, TOUCH, KICK BALL CROSS, CHASSE L, ROCK BACK**

|  |  |
| --- | --- |
| 1-2 | Step right to right side, Touch left next to right |

|  |  |
| --- | --- |
| 3&4 | Kick left forward, Step left next to right, Cross right over left |

|  |  |
| --- | --- |
| 5&6 | Step left to left side, Step right next to left, Step left to left side |

|  |  |
| --- | --- |
| 7-8 | Rock back on right, Recover on left \*Restart Wall 4 |

**S3: CHASSE R, ROCK BACK, SIDE ROCK, BEHIND SIDE FWD**

|  |  |
| --- | --- |
| 1&2 | Step right to right side, Step left next to right, Step right next to left |

|  |  |
| --- | --- |
| 3-4 | Rock back on left, Recover on right |

|  |  |
| --- | --- |
| 5-6 | Rock left to left side, Recover on right |

|  |  |
| --- | --- |
| 7&8 | Cross left behind right, Step right to right side, Step forward left |

**S4: STEP ½ PIVOT, STEP ¼ PIVOT & JUMP, WALK, L SHUFFLE FWD**

|  |  |
| --- | --- |
| 1-2 | Step forward right, ½ pivot left [6:00] |

|  |  |
| --- | --- |
| 3-4 | Step forward right, ¼ pivot left [3:00] |

|  |  |
| --- | --- |
| &5-6 | Jump forward right, Jump forward left,Walk forward right |

|  |  |
| --- | --- |
| 7&8 | Step forward left, Step right next to left, Step forward left |

**TAG: End Wall 2 [6:00] & end of Wall 6 [3:00]**

|  |  |
| --- | --- |
| 1-2 | Rock forward on right, Recover on left, |

|  |  |
| --- | --- |
| 3-4 | Rock back on right, Recover on left |

**RESTART: Wall 4 after 16 counts [9:00]**

**TAG: End Wall 10 [3:00]**

|  |  |
| --- | --- |
| 1-2 | Rock forward on right, Recover on left |

|  |  |
| --- | --- |
| 3-4 | Rock back on right, Recover on left |

|  |  |
| --- | --- |
| 5-6 | Step forward right, ½ pivot left |

|  |  |
| --- | --- |
| 7-8 | Step forward right, ½ pivot left |

**Last Revision - 19th Sept 2013**