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| Good To Be Strong |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Carrie Ann Green (ES) - October 2013 |
| **Music:** | Strong - Matt Goss : (Album: Life you Imagine) |
| . |

**32 Count intro**

**Seq.: 32,32,32, 16, 32,32,32, 16, 32,32,Tag,32, 32**

**Section 1: R Cross Rock, Chasse Right, L Cross Rock, Chasse ¼ turn Left**

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| --- | --- |
| 1-2 | Cross rock right over left recover weight onto left |

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| --- | --- |
| 3&4 | Step right to right side, step left next to right, step right to right side |

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| --- | --- |
| 5-6 | Cross rock Left over Right, recover weight on Right |

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| --- | --- |
| 7&8 | Step Left to Left side. Close Right beside Left. Turn 1/4 Left stepping forward on Left. (9.00) |

**Section 2: Step R forward, Pivot ½ turn L, Shuffle Forward R, L Rock Recover, L Coaster Step**

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| --- | --- |
| 1-2 | Step right forward, pivot half turn left (3.00) |

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| --- | --- |
| 3&4 | Step right forward, step left next to right, step right forward (R,L,R) |

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| --- | --- |
| 5-6 | Rock Left forward, recover onto Right |

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| --- | --- |
| 7&8 | Step Left back, step Right next to Left, step Left forward |

**Restart here wall 4 facing 6.00 & wall 8 facing 12.00**

**Section 3: R Side Rock recover, Sailor ½ turn R, Cross Side, behind and Cross**

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| --- | --- |
| 1-2 | Rock Right to right side, recover on Left |

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| --- | --- |
| 3&4 | Turn 1/4 right stepping right behind left, Turn 1/4 right stepping left to side. Step right forward (R,L,R) (9.00) |

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| 5-6 | Cross left over right, step right to side |

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| --- | --- |
| 7&8 | Cross left behind right, step right to side, cross left over right |

**Section 4: Diagonal back. Touch/clap. Diagonal back. Touch/clap, Rolling Vine Right**

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| --- | --- |
| 1-2 | Step back on Right to Right diagonal. Touch Left beside Right and clap hands |

|  |  |
| --- | --- |
| 3-4 | Step Left back to Left diagonal. Touch Right beside Left and clap hands |

|  |  |
| --- | --- |
| 5-6 | Make ¼ Turn Right Stepping Fwd Right, Make ½ Turn Right Stepping Back Left, |

|  |  |
| --- | --- |
| 7-8 | Make ¼ Turn Right Stepping Right to Right Side, Step Left Next to Right (easier option Right grapevine stepping L next to R) |

**TAG: End of wall 10 music slows, 6 count Tag facing 6.00 –**

**Right Jazz Box, Step out Right, Step out Left, into new wall**

|  |  |
| --- | --- |
| 1-4 | Cross Right Over Left, Step Back Left, Step Right to Right Side, Step Fwd Left |

|  |  |
| --- | --- |
| 5-6 | Step out right diagonal, step out left diagonal |

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