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| Z Dance 974 |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Newcomer - Contra | . |
| **Choreographer:** | David Linger (FR) - December 2012 | | | | |
| **Music:** | Z Dance - Collectif Métissé : (Single) | | | | |
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**Updated translation by the choreographer – September, 2013, 21th - No Tag, No Restart**

**Position The odd columns facing 6:00, the even columns facing 12:00.**

**Column 1 dances with column 2, column 3 with 4, etc.. The steps of the dance are the same for all the columns but you have a partner on your right side and will always dance in his (her) company. Good Luck !!!**

**Specially choreographed for the Club « 3 Mares Danse » - (Reunion Island 974)**

**Start : 2x8 counts, letter « B » of the word : Z U M B A at 7 seconds…**

**3 Walks Forward with Hands Up, L Hitch, 3 Walks Backward, R Touch**

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| 1 – 3 | 3 walks (R-L-R) forward (stepping away from your partner) |

**Style : Arms up and clic fingers during each step**

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| 4 | L Hitch |

**Style : Squeeze fists, and return them shoulder-high by bending your elbows**

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| --- | --- |
| 5 – 8 | 3 walks backward (L-R-L), R touch next to L (returning to your partner) |

**Option : 4 small jumps like Zumba Style!!!**

**R Vine, L Touch, L Step Forward, ½ Step Turn Right Twice**

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| --- | --- |
| 1 – 4 | R step to right side, L step cross behind R, R step to right side, L touch next to R |

**Note : Columns 1 and 2, 3 and 4, etc.. cross to the opposite side (you pass in front of your partner)**

**Option : Rolling Vine to the left**

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| 5 – 6 | L step forward, ½ turn right (weight on R) |

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| 7 – 8 | L step forward, ½ turn right (weight on R) |

**Option : Push your body forward like Zumba Style (on counts 5 et 7)**

**L Side, R Together, L Side, R Touch, R Side, L Touch, L Step in Place, R Touch**

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| --- | --- |
| 1 – 2 | Small L step to left side, R together |

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| --- | --- |
| 3 – 4 | Small L step to left side, R touch next to L |

**Note : Columns 1 and 2, 3 and 4, etc.. meet each other to make a single line , you are facing your partner**

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| --- | --- |
| 5 – 6 | R step to right side by bending knees, straighten legs and touch L in place |

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| --- | --- |
| 7 – 8 | L step to left side by bending knees, straighten legs and touch R in place |

**Option : Movements of arms like Zumba Style !!!**

**4 Walks with ½ Turn Right, R Rocking Chair**

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| --- | --- |
| 1 – 4 | 4 steps by turning gradually ½ turn to the right side |

**Note : Take the right arm of your partner (arm in arm). The odd columns are facing 12:00, the even ones facing 6:00, you take the place of your partner.**

**The odd columns are now evens until the Restart of the dance,and return to their original place.**

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| --- | --- |
| 5 – 8 | R step forward (rock), recover on L, R step back (rock), recover on L |

**Option : Jumping rocksteps like Zumba Style !!!**

**BE COOL, SMILE & HAVE FUN !!!**

**Contact: www.davycountryboy.com**