|  |  |
| --- | --- |
| No Smoke |  |

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| . |
| **Count:** | 48 | **Wall:** | 1 | **Level:** | Intermediate | . |
| **Choreographer:** | K. Sholes (USA) - November 2013 |
| **Music:** | No Smoke - Michelle Lawson |
| . |

**Seq: AA,B, AA,B, AA,B, A,Tag, AA,B, AA**

**PART A - 16 counts**

**Rock, Recover, Cha-chas, Step-drags, Step-pivot1/2-Cha-Cha**

|  |  |
| --- | --- |
| 1 2 3&4 | Rock back L, Recover R, Step L, Step R next to L, Step L. |

|  |  |
| --- | --- |
| 5 6 7&8 | Rock back R, Recover L, Step R, Step L next to R, Step R. |

|  |  |
| --- | --- |
| 1 2 3 4 | Step forward L, Drag R next to L, Step forward R, Drag L next to R. |

|  |  |
| --- | --- |
| 5 6 7&8 | Step forward L, Pivot 1/2 to right (keeping weight on L) Step R, Step L together, Step R. |

**\*Repeat Part A**

**\*\*RESTART**

**PART B - 32 counts**

**Point, Pause, Cross, Pauses. Touch, Hip-bumps**

|  |  |
| --- | --- |
| 1 2 3 4 | Point L to side, Pause, Cross L over R, Pause. |

|  |  |
| --- | --- |
| 5 6 7 8 | Point R to side, Pause, Cross R over L, Pause. |

|  |  |
| --- | --- |
| 1-4 5-8 | Point L to Side, Pause, Cross L over R, Touch R next to L, Bump R hip 4 counts. |

**Rock-Recovers, Cross Cha-chas, Heel, Toe, Heel-jack, Step, Hip-bumps**

|  |  |
| --- | --- |
| 1 2 3&4 | Rock R to side, Recover L, Cross R over L, Step L to side, Cross R over L. |

|  |  |
| --- | --- |
| 5 6 7&8 | Rock L to side, Recover R, Cross L over R, Step R to side, Cross L over R. |

|  |  |
| --- | --- |
| 1 2 3&4 | Tap R heel forward, Touch R toe next to L, Step on R, Tap L heel forward, Step on L & touch R toe next to L. |

|  |  |
| --- | --- |
| 5 6 7 8 | Step on R, Bump L hip 3 counts. |

**TAG on 6th rotation dance part A once to turn to back of room (facing 6:00) then...**

**\* [1-8] Touch forward L pushing L hip forward, Pause, Step on L, Pause, Touch forward R pushing R hip forward, Pause, Step on R, Pause**

**[1-8] Walk L forward, Pause, Walk R forward, Pause, Rock back L, Pause, Recover R, Pause.**

**[1-8] Repeat above \* 8 count**

**[1-8] Walk L forward, Pause, Walk R forward, Pause, Step Forward L, Pause, Pivot 1/2 to right.**

**Begin Again! Enjoy!**

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