|  |  |
| --- | --- |
| Atemlos (Breathless) |  |

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| . |
| **Count:** | 56 | **Wall:** | 4 | **Level:** | Phrased Intermediate | . |
| **Choreographer:** | Dirk Leibing (DE) & Tobias Jentzsch (DE) - February 2014 |
| **Music:** | Atemlos durch die Nacht - Helene Fischer |
| . |

**Sequence: AA-BBBB-Tag1-AA-BBB-Tag2-BBB**

**Intro: 16 counts**

**Part A - 24 counts**

**Side, Cross, Side, Kick, Turn ¼ (2x), Back, Point**

|  |  |
| --- | --- |
| 1-2 | Step LF left, Cross RF in front of LF |

|  |  |
| --- | --- |
| 3-4 | Step LF left, Kick RF to right diagonal(1:30) |

|  |  |
| --- | --- |
| &5-6 | Hitch RF(&), Step RF (1/8) forward(3:00), turn ¼ right step LF left(6:00) |

|  |  |
| --- | --- |
| 7-8 | Turn 1/8 right step RF back(7:30), Point LF left |

**Cross, Point, Cross, Point, Jazz Box with 3/8 turn left**

|  |  |
| --- | --- |
| 1-2 | Cross LF in front of RF, Point RF right |

|  |  |
| --- | --- |
| 3-4 | Cross RF in front of LF, Point LF left |

|  |  |
| --- | --- |
| 5-6 | Cross LF in front of RF, Turn 3/8 left stepping RF back (3:00) |

|  |  |
| --- | --- |
| 7-8 | Step LF left, Touch RF next to LF |

**Side, Drag, Back Rock, Recover, Turn ¼ right(2x), Cross Rock, Recover**

|  |  |
| --- | --- |
| 1-2 | Step RF right, Drag LF next to RF |

|  |  |
| --- | --- |
| 3-4 | Rock Step LF back, Recover on RF |

|  |  |
| --- | --- |
| 5-6 | Turn ¼ right stepping LF back, Turn ¼ right stepping RF right(9:00) |

|  |  |
| --- | --- |
| 7-8 | Cross Rock LF in front of RF, Recover on RF |

**Part B - 32 counts**

**Chasse, Back Rock, Recover, !/4, Turn right, ½ Turn right, Chasse ¼ Turn right**

|  |  |
| --- | --- |
| 1&2 | LF Step left, Close RF next to RF, LF Step left |

|  |  |
| --- | --- |
| 3-4 | RF Rock back, Recover on LF |

|  |  |
| --- | --- |
| 5-6 | Turn ¼ right stepping RF forward(3:00), Turn ½ right stepping LF back(9:00) |

|  |  |
| --- | --- |
| 7&8 | Turn ¼ right stepping RF right(12:00), Close LF next to RF, Step RF right |

**Cross, Point, Behind, Point, Coaster Step, Step ¼ Turn**

|  |  |
| --- | --- |
| 1-2 | Cross LF in front of RF, Point RF right |

|  |  |
| --- | --- |
| 3-4 | Cross RF behind LF, Point LF left |

|  |  |
| --- | --- |
| 5&6 | Step LF back, Close RF next to LF, Step LF forward |

|  |  |
| --- | --- |
| 7-8 | Step RF forward, Turn ¼ left(weight is on LF now)(9:00) |

**Syncopated Weave left, Chasse, Back Rock, Recover**

|  |  |
| --- | --- |
| 1-2 | Cross RF in front of LF, Step LF left |

|  |  |
| --- | --- |
| 3&4 | Step RF behind LF(3), Step LF left(&), Cross RF in front of LF |

|  |  |
| --- | --- |
| 5&6 | Step LF left(5), Close RF next to LF(&), Step LF left |

|  |  |
| --- | --- |
| 7-8 | Rock RF back, Recover on LF |

**“Rolling Vine” right, Point, ¼ Turn left, ¼ Turn left on ball and Point, Kick Ball Hitch**

|  |  |
| --- | --- |
| 1-2 | Turn ¼ right stepping RF forward(12:00), Turn ½ right stepping LF back(6:00) |

|  |  |
| --- | --- |
| 3-4 | Turn ¼ right stepping RF right(9:00), Point LF left |

|  |  |
| --- | --- |
| 5-6 | Turn ¼ left stepping LF forward(6:00), Turn ¼ left on ball of LF and Point RF right |

|  |  |
| --- | --- |
| &7&8 | Hitch RF(&), Kick RF forward(7), Step on ball of RF(&), Hitch LF(8) |

**Tag 1 (8 Counts)**

**Rolling Vine left, Cross, Side, Hitch, Turn ½ right, Hitch**

|  |  |
| --- | --- |
| 1-2 | Turn ¼ left stepping LF forward, Turn ½ left stepping RF back |

|  |  |
| --- | --- |
| 3-4 | Turn ¼ left stepping LF left, Cross RF in front of LF(6:00) |

|  |  |
| --- | --- |
| 5-6 | Step LF left, Hitch right knee |

|  |  |
| --- | --- |
| 7-8 | Turn ½ right on ball of RF, Hitch left knee(12:00) |

**Tag 2 (4 Counts)**

**¼ Turn left, Touch, Side, Hitch**

|  |  |
| --- | --- |
| 1-2 | Turn ¼ left stepping LF forward, Touch RF next to LF |

|  |  |
| --- | --- |
| 3-4 | Step RF right, Hitch left knee |

**Start again - Have Fun**

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**Last Update - 17th Feb 2014**