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| Grateful Heart |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Leong Mei Ling (MY) - May 2014 | | | | |
| **Music:** | Gan En De Xin by Ouyang Fei Fei | | | | |
| . | | | | | | |

**Note: This dance (and song) is dedicated to all mothers, fathers, guardians and anyone who has given of their love, time & support in nurturing a fellow human being along his/her journey in this lifetime.**

**On a personal note, this dance is specially dedicated to my mom & my mom-in-law (deceased March 2014 ) for guiding me in my life’s journey.**

**Intro: 32+4 counts (One Restart: on Wall 4 after count 28 , restart facing 12:00)**

**Section 1: R BASIC NC, 1/4R BACK, 1/4R SIDE, CROSS, R BASIC NC, 1/4R BACK, 1/4R SIDE, CROSS, FWD, FWD PRESS**

|  |  |
| --- | --- |
| 1-2&3 | Step R to right side, step L behind R, cross R over L, 1/4 turn right step back L [3:00] continue turning another 1/4 right (weight still on LF) draw R towards L [6:00] |

|  |  |
| --- | --- |
| 4& | Step R to right side, cross L over R |

|  |  |
| --- | --- |
| 5-6&7& | Step R to right side, step L behind R, cross R over L, 1/4 turn right step back L, 1/4 right step R to side [12:00] |

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| --- | --- |
| 8&1 | Step L fwd to R diagonal, step R fwd, press L fwd [1:30] |

**Section 2: BACK-SWEEP (2X), 3/8L WEAVE, 1/2R PIVOT, HITCH/LIFT, 1/2L, POINT L BACK**

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| 2-3 | Recover R, sweep L front to back, step L back, sweep R front to back |

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| --- | --- |
| 4&5 | Step R behind L, 3/8 left step L forward, step R forward [9:00] |

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| --- | --- |
| 6&7 | Step L fwd, 1/2 right step R fwd, draw L towards R (or hitch/lift L beside R) [3:00] |

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| --- | --- |
| 8&1 | Step L fwd, 1/2 turn left step R back, point/extend L behind (prep for 3/4 turn) [9:00] |

**Section 3: 3/4R TURN, POINT L, CROSS ROCK SIDE, CROSS BACK BACK, CROSS BACK, SIDE 1/4L**

|  |  |
| --- | --- |
| 2-3 | Weight still on R, turn 3/4 right (keeping L tucked close beside R heel), point L to left [6:00] |

**[Easier option: straighten R drawing L towards R as you make 1/4 turn left(2), point L to left (3)]**

|  |  |
| --- | --- |
| 4&5 | Step L across R, recover weight to R, step L to side |

|  |  |
| --- | --- |
| 6&7& | Cross R over L, step L back to left diagonal, step R to right diagonal, cross L over R [6:30] |

|  |  |
| --- | --- |
| 8& | 1/8 left step R back, 1/4 left step L to side [3:00] |

**Section 4: ACROSS, RECOVER SIDE CROSS, RECOVER, COASTER, JAZZ BOX CROSS**

|  |  |
| --- | --- |
| 1-2& | Step R across L [1:30], recover L, step R to side |

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| --- | --- |
| 3-4 | Step L across R [4:30], recover R \*\*Restart here (Wall 4) |

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| 5&6 | Step L back, step R beside L, step L fwd |

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| --- | --- |
| 7&8& | Step R across L, step L back, step R to side [6:00], step L across R |

**\*\*Restart::**

**To Restart, add an ‘&’ count after count 28 (Section 4), on Wall 4.**

**Example below:**

|  |  |
| --- | --- |
| 3-4 | Step L across R, recover R |

|  |  |
| --- | --- |
| & | Step L behind R (\*\*Restart by squaring to right wall) |

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