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| Free My Soul |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Rob Fowler (ES), Ben Martin (UK) & Richard Williams (UK) - May 2014 |
| **Music:** | Drift Away - Garth Brooks : (CD: Blue-Eyed Soul) |
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**Count in 8 (approx. 6 secs) – bpm: 82**

**SEC 1: ROCKING CHAIR, SPIRAL TURN, ROCK FORWARD/RECOVER, FULL SHUFFLE TURN**

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| --- | --- |
| 1&2& | Facing 11 o’clock rock forward on right, recover on left, rock back on right, recover on left |

|  |  |
| --- | --- |
| 3&4 | Still facing diagonal step forward right, make a full spiral turn left hooking left in front of right, step |

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| --- | --- |
| 5& | forward left, Still on the diagonal rock forward on right, recover on left |

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| --- | --- |
| 6&7&8 | Make a full shuffle turn right stepping right, left, right, left, right to straighten up to front wall (12 o’clock) |

**SEC 2: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE ROCK CROSS, ¼ LEFT, ½ LEFT, SWEEP**

|  |  |
| --- | --- |
| 1&2 | Sweeping left round cross left over right, step right to right side, step left behind right |

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| --- | --- |
| 3&4 | Sweeping right round step right behind left, step left to left side, cross right over left |

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| --- | --- |
| 5&6 | Rock left to left side, recover on right, cross left over right |

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| --- | --- |
| 7&8 | Make a ¼ turn left stepping back on right, make a ½ turn left stepping forward on left, sweep right round in front of left (weight on left) (3 o’clock) |

**SEC 3: CROSS BACK SIDE, ¼ LEFT, ¾ LEFT, CROSS ROCK SIDE, BACK ROCK ¼ LEFT**

|  |  |
| --- | --- |
| 1&2 | Cross right over left, step back on left, step right to right side dragging left towards right |

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| --- | --- |
| 3-4 | Make ¼ turn left stepping forward left, make ¾ turn left on ball of left and point right to right side |

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| --- | --- |
| 5&6 | Cross rock right over left, recover on to left, step right to right side |

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| --- | --- |
| 7&8 | Rock back on left, recover on to right, make ¼ turn left stepping forward left (12 o’clock) |

**(\*\*RESTART HERE WALL 5)**

**SEC 4: MAMBO ½ TURN RIGHT, STEP LEFT, ¾ TURN RIGHT, SWEEP, BEHIND SIDE CROSS, SIDE ROCK CROSS HITCH TURN**

|  |  |
| --- | --- |
| 1&2 | Rock forward on right, recover on left, make ½ turn right stepping forward on right |

|  |  |
| --- | --- |
| 3&4 | Step forward on left, make a ¾ turn right (weight on left), sweep right from front to back |

|  |  |
| --- | --- |
| 5&6 | Step right behind left, step left to left side, cross right over left |

|  |  |
| --- | --- |
| 7&8& | Rock left to left side, recover on to right, cross left over right towards diagonal (5 o’clock), hitch right making ¼ turn left into diagonal (1 o’clock) |

**START OVER**

**TAG: AT THE END OF WALLS 2 AND 4**

**RIGHT MAMBO FORWARD, LEFT MAMBO BACK**

|  |  |
| --- | --- |
| 1&2 | Rock forward on right, recover on to left, step right next to left |

|  |  |
| --- | --- |
| 3&4 | Rock back on left, recover on to right, step left next to right |

**\*\*RESTART: Wall 5 – dance up to and including count 24, then Restart facing 12 o’clock**

**Last update - 26th May 2014**