|  |  |
| --- | --- |
| Groovin' |  |

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| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Dion Thomas (AUS) & Val Thomas (AUS) | | | | |
| **Music:** | Let's Groove - Earth, Wind & Fire | | | | |
| . | | | | | | |

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| --- | --- |
| 1-4 | Step right to side, rock to left, reverse strut (toe-flat), right across left |

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| --- | --- |
| 5-8 | Step left to side, rock to right, reverse strut, left across right |

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| --- | --- |
| 9&10 | Shuffle forward right, left, right |

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| --- | --- |
| 11-14 | Step on left & pivot ½ right, step on left & pivot ½ right (weight right) |

**LEFT FORWARD CAMELS (BODY SWAY)**

|  |  |
| --- | --- |
| 15-16 | Left forward, right together |

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| --- | --- |
| 17-18 | Left forward, right together |

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| --- | --- |
| 19-20 | Left forward, right together |

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| --- | --- |
| 21-22 | Left forward, kick right |

**Moving back**

|  |  |
| --- | --- |
| 23-28 | Cross right over left, step back left, cross right over left, step back left, cross right over left, step back left |

**RIGHT SUGAR FOOT, LEFT SUGAR FOOT**

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| --- | --- |
| 29-32 | Touch right toe next to left (heel out), right heel next to left (heel out), step right diagonally forward, move hips to right |

|  |  |
| --- | --- |
| 33-36 | Touch left toe next to right, left heel next to right, step left diagonally forward, move hips to left |

**SYNCOPATED VINE RIGHT**

|  |  |
| --- | --- |
| 37-38 | Right to side, left behind right |

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| --- | --- |
| 39&40 | Right to side, cross left over right, turn ½ right |

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| --- | --- |
| 41-44 | Repeat last 4 beats |

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| --- | --- |
| 45-48 | Step right to side, touch left toe behind right, step left to side, touch right toe behind left |

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| --- | --- |
| 49-50 | Right heel forward, Hold |

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| --- | --- |
| 51&52 | Jump right together, left toe back, Hold |

|  |  |
| --- | --- |
| 53&54 | Jump left together, right heel forward, Hold |

|  |  |
| --- | --- |
| 55&56 | Jump right together, cross left over right, turn ½ right |

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| --- | --- |
| 57-58 | Body sway (slowly) rotate hips to right |

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| --- | --- |
| 59-60 | Body sway (slowly) rotate hips to left |

|  |  |
| --- | --- |
| 61 | Rotate hips to right |

|  |  |
| --- | --- |
| 62 | Rotate hips to left |

|  |  |
| --- | --- |
| 63 | Rotate hips to right |

|  |  |
| --- | --- |
| 64 | Rotate hips to left |

**REPEAT**

**TO FINISH FACING FRONT**

**After music finishes on count 56, cross left over right, turn ½ right, tip your hat.**