Country To The Bone



Count: 68 Wall: 4 Level: Intermediate

Choreographer: Britt Christoffersen (DK) - September 2014

Music: Country Is as Country Does - Dolly Parton : (CD: Better Day)



** Dedicated to one of my best friends, Birgitte Simonsen. Happy 40th birthday **

Intro is 2 x 8 counts

S1: (JUMP) Back Rock, Stomp Up (x 2), Heel Hook Heel Flick

1-2-3-4 (Jump) back rock on Right, recover onto Left, Stomp up Right x 2
5-6 Tap Right heel forward to Right diagonal, touch Right toe across Left

7-8 Tap Right heel forward, flick Right foot to the Right.

S2: Cross Rock, Step, Hitch (x 2)

1-2 Cross rock Right over Left. Recover onto Left.

3-4 Step Right forward. Hitch Left, turning towards Right diagonal.

5-6-7-8 Cross rock Left over Right. Recover onto Right. Step Left forward. Hitch Right, squaring up to

wall.

Tag/restart here on wall 3

S3: Step Hitch (x 2), Coasterstep, Hold

1-2-3-4 Step Right foot forward, Hitch Left turning 1/2 Left. Step Left foot back. Hitch Right

5-6-7-8 Step Right back, step Left beside Right, step Right forward, hold

S4: Stomp Swivels (X 2)

1-2 Stomp diagonally forward on Left, swivel Right heel diagonally to Left.

3-4 Swivel Right toe diagonally to Left, swivel Right heel diagonally to Left (weight on Left)

5-6 Stomp diagonally forward on Right, swivel Left heel diagonally to Right.

7-8 Swivel Left toe diagonally to Right, swivel Left heel diagonally to Right (weight on Right)

Tag/restart here on wall 6

S5: Side Together Side Kick Back Rock, Stomp (X 2)

1-2-3-4 Step Left To Side, Step Right beside Left, Step Left to side, Kick Right forward 5-6-7-8 (Jump) Rock back on Right, recover onto Left, stomp Right twice beside Left

S6: Step 1/4 Cross, Hold, Side Kick, Side Kick

1-2-3-4 Step Right forward, turn 1/4 Left stepping Left to side, Cross Right over Left, Hold

5-6-7-8 Step Left to Left, kick Right diagonally Left, Step Right to Right, kick Left diagonally Right

S7: Side Rock Cross, Hold, Toe Heel Touches or Dwight.

1-4 Rock Left to Left side, recover Right, cross step Left over Right, hold

Touch Right toe to Left instep. Touch Right heel to Left instep.Touch Right toe to Left instep. Touch Right heel to Left instep.

Note: You can make steps 5 - 8 into a Dwight move by travelling to Right

S8: Side Rock, Back Rock, Forward Touch, Back Kick

1-4 Rock Right to Right side, recover on Left. Rock back on Right, recover on Left
5-8 Step Right forward. Touch Left behind Right. Step Left back. Kick Right forward.

Restart here on wall 7

S9: Reverse Rocking chair

1-4 Rock back on Right, recover onto Left, Rock forward on Right, recover on Left

Tag: wall 3 after 16 counts

1-2 Step Right heel diagonally forward Right, Step Left heel diagonally forward Left

3-4 Step Right diagonally back in place, Step Left diagonally back in place

Tag: wall 6 after 32 counts

1-2 Step Left heel diagonally forward Left, Step Right heel diagonally forward

3-4 Right Step Left diagonally back in place, Hold

Ending: on wall 11 (06:00)Dance the first 12 count then do:

1-2 Make a 1/4 turn Right touch Left toe to Left, make a 1/4 turn Right touch Left toe to Left

3-4 Step forward on Left, touch Right toe to Right side

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