After The Storm

Count: 32

Level: Beginner

Choreographer: Annie Saerens (BEL) - November 2014

Music: Calm After the Storm - The Common Linnets

KICK BALL STEP, STEP, TOUCH, SHUFFLE, STEP, TOUCH

- 1&2 Kick R forward, step R next to L, step L forward
- 3-4 Step R forward, touch L behind R
- 5&6 Step L back, step R next to R, step L back
- 7-8 Step R back, touch L in front of R

FWD STEP, SIDE TOUCH, FWD STEP, SIDE TOUCH, ¼ TURN JAZZ BOX TOUCH

- 1-2 Step L forward, touch R to side,
- 3-4 Step R forward, touch L to side
- 5-6 Cross over with L, ¼ turn L stepping back with R
- 7-8 Step L to side, touch R next to L

CHASSE, ROCK STEP, KICK BALL CROSS, SIDE ROCK STEP

- 1&2 Step R to side, step L next R, step R to side
- 3-4 Rock L back, recover onto R
- 5&6 Kick L diagonal forward, step L next to R, cross over with R
- 7-8 Rock L to side, recover onto R

L SAILOR, R SAILOR ¼ TURN, FWD STEP, ½ TURN PIVOT, BACK ROCK STEP

- 1&2 Cross behind with L, step R to side, step L to side
- 3&4 Cross behind with R, step L back making ¼ turn R, step R forward
- 5-6 Step L forward, make ¹/₂ turn R (weight is on L)
- 7-8 Rock back with R, recover onto L

Repeat

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Last Update - 7th Nov 2014





Wall: 1