

# A Thousand Miles

Count: 32 Wall: 4 Level: Intermediate NC2S

Choreographer: Karl-Harry Winson (UK) Jan 2015 (19th CBA)

Music: I Wanna Grow Old with You by Westlife. Album: World of Our Own (iTunes.c



**Intro: 16 Counts (Start on Vocals "Another Day")**

**Side-Drag. Behind. Side. Cross Rock. 1/4 Turn. 1/2 Turn Left. Sweep. Back Rock. 1/4 Turn Right. Back Rock.**

- 1,2& Step big Step Right to Right side dragging Left towards Right. Cross Left behind Right. Step Right to Side.
- 3,4& Cross Rock Left over Right. Recover weight back on Right. Make 1/4 turn Left stepping Left forward. 9 o'clock
- 5 Make 1/2 turn Left stepping Right back sweeping Left from front to back. 3 o'clock
- 6& Rock Left foot back and slightly behind Right. Recover weight forward on Right. 3 o'clock.
- 7 Make 1/4 turn Right stepping big step Left to Left side 6 o'clock.
- 8& Rock back on Right angling body to Right diagonal/Corner. Recover weight forward on Left. 7.30

**Diagonal Step. Full Turn Right. Forward Rock. Run Back X3. Left Sweep. Weave 1/8 Turn. Step Pivot 3/4 Turn**

- 1,2& Facing Diagonal/Corner Step Right Forward. Make 1/2 turn Right stepping Left back. Make 1/2 Right stepping Right forward. 7.30
- 3,4& Rock Forward on Left. Small Run back on Right. Small Run back on Left.
- 5,6& Run back on Right sweeping Left from front to back. Cross Left behind Right. Make 1/8 turn Right stepping Right forward straightening up to 9 o'clock wall.
- 7,8& Step forward on Left. Step Right forward. Pivot 3/4 turn Left. 12 o'clock

**\*Restart Here on Walls: 2 (9.00), 5 (3.00), 7 (12.00).**

**Right Basic Night Club. 1/4 turn Left. Forward Rock. 1/2 Turn Right. Step 1/4 Cross. Prissy Walk Right.**

- 1, 2& Step Right to Right side. Rock back on Left. Recover weight forward on Right crossing Right over Left.
- 3,4& Make 1/4 turn Left stepping Left forward. Rock Right forward. Recover weight back on Left. 9 o'clock
- 5,6& Make 1/2 turn Right stepping Right forward. Step Left forward. Pivot 1/4 turn Right. 6 o'clock.
- 7 – 8 Cross step Left over Right. Walk forward on Right crossing Right over Left.

**Prissy Walk Left. Side. Back Rock. 3/4 turn Right. Step. Pivot 1/2 Turn. Forward Step. Reverse Turn Right.**

- 1,2& Walk forward on Left crossing Left over Right. Step Right to Right side. Cross Rock Left foot behind Right.
- 3& Recover weight forward on Right. Make 1/4 turn Right stepping Left back. 9 o'clock
- 4& Make 1/2 turn Right stepping Right forward. Step forward on Left. 3 o'clock
- 5 – 6 Step Right forward. Pivot 1/2 turn Left putting weight forward on Left. 9 o'clock
- 7& Step forward on Right. Make 1/2 turn Right stepping Left back. 3 o'clock
- 8& Make 1/2 turn Right stepping Right forward. Step forward on Left. 9 o'clock

**Start Again!**

**\*Restart:** The Restarts in this dance are very straight forward. Walls, 2 (9.00), 5 (3.00) & 7 (12.00), dance the first 16 Counts and Restart the dance. (Tip: The wall you start on is the same wall you restart on).

**\*\*\*Tag\*\*\*:** At the end of Wall 3 (6 O'clock), add on the following 2 Counts (Hip Sways):  
1 – 2                      Step Right to Right side swaying Hips Right. Sway Hips Left.

**Contact:** [karlwinsondance@hotmail.com](mailto:karlwinsondance@hotmail.com) or 07792984427