Lonely Nights

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Lorna Mursell (Scotland - Feb 2015)
Music: In The Still Of The Night by Jack Jersey

Start on the words "The" Night

SEC (1) CROSS ROCK, REC, CHA CHA RIGHT, CROSS ROCK, REC, CHA CHA LEFT

1-2	Cross right over left, recover on to left
3&4	Cha cha to the right, stepping right, left, right
5-6	Cross left over right, recover on to right
7&8	Cha cha to the left, stepping left, right, left

SEC (2)FORWARD ROCK, REC, SHUFFLE 1/2 TURN RIGHT, FORWARD ROCK, REC, BACK LOCK STEP

1-2	Rock forward on right, recover on to left
3&4	Shuffle 1/2 right, stepping right, left, right
5-6	Rock forward on left, recover on to right
7&8	Step back on left, lock right in front of left, step back on left

SEC (3) BACK ROCK, REC, PADDLE 1/8 LEFT X 2, SKATE RIGHT, LEFT

1-2	Rock back on right, recover on to left
3-4	Paddle 1/8 turn left, stepping right, left
5-6	Paddle 1/8 turn left, stepping right, left
7-8	Skate forward on right, left

*****TAG & RESTART HERE ON WALL 5 - SEE FOOTNOTE*****

SEC (4) FORWARD ROCK, REC, COASTER STEP, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1-2	Rock forward on right, recover on to left
3&4	Step back on right, step left beside right, step right forward
5-6	Step forward on left, pivot 1/2 turn right
7&8	Step forward on left, step right beside left, step left forward

TAG DURING WALL 5 (3 O'CLOCK)
DANCE UP TO THE SKATES THEN ADD THIS 4 COUNT TAG THEN RESTART THE DANCE AGAIN FROM THE BEGINNING (3 O'CLOCK)

1-2	Rock forward on right, recover on to left
3-4	Rock back on right, recover on to left