5 Sugars Please



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Sandra Burns (SCO) - March 2015

Music: Sugar - Maroon 5



#16 count intro

S1: Kick Ball Point x 2, Right Shuffle Forward, Left Shuffle Forward		
	1 & 2	Kick right forward. Step R beside L. Point L to L side.
	3 & 4	Kick left forward. Step L beside R. Point R to R side.
	5 & 6	Step forward right. Close left beside right. Step forward right.
	7 & 8	Step forward left. Close right beside left. Step forward left.

S2: Rock Forward, Full Turn Right, ½ Turn R Shuffle, Step Pivot ¼ R

1 – 2	Rock forward right. F	Recover weight left

3 – 4 Make ½ turn right stepping forward right. Make ½ turn right stepping back left.

5 & 6 Make ½ turn right stepping forward right. Step left next to right. Step forward right. (6)

Alternative for Steps 3-6: Make $\frac{1}{2}$ turn right stepping forward right. Step forward left. Right shuffle forward RLR.

7 - 8 Step L forward. Pivot 1/4 turn right. (9)

S3: Cross, Side, Sailor Step, Cross, Side, Right Sailor 1/4 Turn Right

1 - 2	Cross left over right. Step right to R side.
3 & 4	Step left behind right. Step right to right side. Step left to left side.
5 - 6	Cross right over left. Step left to L side
7 & 8	Step right behind left. ¼ turn right stepping left to left side. Step right to right side. (12)

S4: Side Rock, Step, Side Rock, Step, Rock Forward, 3/4 Turn L Shuffle

1 & 2	Rock left to left side. Recover onto right. Step left forward.
3 & 4	Rock right to right side. Recover onto left. Step right forward.
5 – 6	Rock forward left. Recover weight right.
7 & 8	3/4 turn left shuffle stepping left right left. (3)

S5: Point, Point, Sailor Step x 2

1 - 2	Point R forward. Point R to R side.
3 & 4	Cross right behind left. Step left to left side. Step right to side.
5 – 6	Point L forward. Point L to L side.
7 & 8	Cross left behind right. Step right to right side. Step left to side.

S6: Cross, Side, Behind, Side, Cross, Side, Back Rock, Kick Ball

1 - 2	Cross right over left. Step left to L side.
3 & 4	Step right behind left. Step left to L side. Cross right over left.
5 - 7	Step left to side. Rock back right. Recover weight left.
8 &	Kick right forward. Step right beside left.

S7: Cross, Side, Behind, Side, Cross, Side, Back Rock, Ball Cross

1 - 2	Cross left over right. Step right to R side.
3 & 4	Step left behind right. Step right to R side. Cross left over right.
5 - 7	Step right to R side. Rock back left. Recover weight right.
& 8	Step left to L side. Cross right over left

S8: 1/4 Turn R, Coaster Step, Side Rock, Step, Side Rock, Step, Step

1,2&3 1/4 Turn R Step back on L. (6) Step Back on R. Step L Next to R. Step Forward on R.

4 & 5
6 & 7
Rock left to left side. Recover onto right. Step left forward.
Rock right to right side. Recover onto left. Step right forward.

8 Step L forward

Contact: slcr1205@gmail.com

Last Update - 11th March 2015