It Feels Good, Good, Good

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Gail Smith (USA) - March 2015
Music: It Feels Good - Drake White

INTRO: 16 Counts from the downbeat (begin on Vocals)

K-STEP with CLAPS

1 - 2 &	Step R to R fwd diagonal, touch L toes next to R foot and CLAP, CLAP
3 - 4	Step L to L back diagonal (center), touch R toes next to L foot and CLAP
5 - 6 &	Step R to R back diagonal, touch L toes next to R foot and CLAP, CLAP
7 - 8	Step L to L fwd diagonal (center), touch R toes next to L foot and CLAP

JAZZ BOX with CROSS, SYNCOPATED WEAVE, HEEL JACK w CROSS

1-2-3-4	Step R across L, step L back, step R to side, step L across R
& 5 & 6	Step R to side, step L crossed behind R, step R to side, step L across R

***** (Easy Option: 5 - 6 Step R to side, step L crossed behind R)**

& 7	Step R to side, tap L heel to fwd L diagonal
& 8	Step slightly back on L, step R across L

******** RESTART here on wall 3. Happens facing 6:00**
Change count 8 to touch R toes next to L foot for the Restart.

BOUNCE, BOUNCE (1/2 turn), COASTER STEP, KICK-BALL-CHANGES

1 - 2	On balls of both feet, turn 1/4 L and bounce on heels, REPEAT☐ [6:00]

(ending with weight on RIGHT foot)

3 & 4	Step L back, step R together, step L fwd
5 & 67	Kick R fwd, step ball of R next to L foot, step L in place
7 & 8	Kick R fwd, step ball of R next to L foot, step L in place

JAZZ BOX with 1/4 TURN, TOE POINTS, HEEL SWITCHES

1-2-3-4	Step R across L, step L back, turn 1/4 R stepping R to side, step L fwd 9:00
5 & 6	Tap R toes out to side, step R next to L foot and tap L toes out to side
& 7	Step L together, tap R heel fwd
& 8 &	Step R together, tap L heel fwd, L step together

START AGAIN!

ENDING: IF you want to end facing the front, change the 1/4 turn Jazz box to 1/2 turn and do the footwork facing the front!

A BIG thank you to Tina Frances Cloud Myerson for this music suggestion!