

# Book of Life

Count: 40      Wall: 4      Level: Improver

Choreographer: Ryan King (March 2015)

Music: Us The Duo – No Matter Where You Are



## LDF Manchester

### Intro: 32 Counts - Start on heavy beat

#### S1: Side, Together Chasse, Cross Rock Recover, ¼ Chasse

- 1 2                      Step Right to Right side, Step Left next to Right.
- 3 & 4                   Step Right to Right side, Step Left next to Right, Step Right to Right side.
- 5 6                      Cross rock Left over Right, Recover onto Right.
- 7 & 8                   Step Left to Left side, Step Right next to Left, Make ¼ Left stepping forward Left.

#### S2: Step Lock Step, Step Lock Step, Pivot ½

- 1 2                      Step forward Right, Lock Left behind.
- 3 4                      Step forward Right, Step forward Left.
- 5 6                      Lock Right behind, Step forward Left.
- 7 8                      Step forward Right, Pivot ½ putting weight onto Left.

#### S3: Shuffle Pivot ½, Shuffle Pivot ¼

- 1 & 2                   Step forward Right, Step Left next to Right, Step forward Left.
- 3 4                      Step forward Left, Pivot ½ putting weight onto Right.
- 5 & 6                   Step forward Left, Step Right next to Left, Step forward Left.
- 7 8                      Step forward Right, Pivot ¼ putting weight onto Left.

#### S4: Jazz Box, 2 x Pivot ½ Turns

- 1 2                      Cross Right over Left, Step back Left.
- 3 4                      Step Right to Right side, Step forward Left.
- 5 6                      Step forward Right, Pivot ½ putting weight onto Left.
- 7 8                      Step forward Right, Pivot ½ putting weight onto Left.

#### S5: ¼ Jazz Box, ½ Monterey

- 1 2                      Cross Right over Left, Step back Left.
- 3 4                      Step Right to Right side making ¼ Right, Step Left next to Right.
- 5 6                      Touch Right toe out to Right Side, Pivot 1/2 to Right placing Right foot next to Left.
- 7 8                      Touch Left toe out to Left side, Return Left foot next to Right taking weight on Left.