

# Get Ready!!

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Alexis Strong (UK) Laura Sway (UK) March 2015

**Music:** Get Ready by the Overtones



## COUNT IN: 24 Counts ( Start On Vocals)

### [1-8] STEP RIGHT FORWARD TOUCH, STEP LEFT BACK TOUCH, RIGHT ROLLING GRAPEVINE RIGHT STEP TOUCH.

- 1-2 Step R Forward (1) Touch L To R (2)
- 3-4 Step Back On L (3) Touch R To L (4)
- 5-6 Right Rolling Grapevine R, L (5-6)
- 7-8 Step R To R (7) Touch L To R (8).

### [9-16] GRAPEVINE ¼ TURN, SCUFF, JUMP BACK RIGHT, LEFT CLAP, HIP BUMP RIGHT, LEFT.

- 1-2 Step L To L (1) Cross R Behind L (2)
- 3-4 Making ¼ Turn L Step On L (3) Scuff R Forward (4)
- &5-6 Step Back R (&) Step Back L (5) Clap (6)
- 7-8 Hip Bump R (7) Hip Bump L (8) FACING 9.00

### [17-24] CHASSE RIGHT, LEFT ROCK BACK RECOVER, STEP LEFT, DRAG RIGHT, POINT RIGHT OUT, TOUCH IN.

- 1&2 Step R To R (1) Step L To R (&) Step R To R (2)
- 3-4 Rock L Back (3) Recover Forward On R (4)
- 5-6 Step To L (5) Drag R To L (6)
- 7-8 Point R Out (7) Touch R To L. FACING 9.00

### [25-32] BACK RIGHT SHUFFLE, LEFT ROCK BACK RECOVER, WALK FORWARD, LEFT,RIGHT,LEFT,KICK RIGHT FORWARD.

- 1&2 Step Back R (1) Step L To R (&) Step Back R (2)
- 3-4 Rock L Back (3) Recover Forward R (4)
- 5-6 Walk L (5) Walk R (6)
- 7-8 Walk L (7) Kick R Forward (8) FACING 9.00

### [33-40] BACK CHARLESTON, DIAGONAL R STEP BACK TOUCH, CLAP, DIAGONAL L STEP BACK TOUCH, CLAP.

- 1-2 Step R Back (1) Touch L Toe Back (2)
- 3-4 Step L Forward (3) Touch R Toe Forward (4)
- 5-6 Step R Diagonal Back (5) Touch L To R, Clap (6)
- 7-8 Step L Diagonal Back (7) Touch R To L, Clap (8) FACING 9.00

### [41-48] ½ MONTEREY TURN RIGHT, STOMP LEFT, TWIST HEELS TOES HEELS, CLAP

- 1-2 Point R to R Side (1) Close R to L Making ½ Turn Right (2)
- 3-4 Point L to L Side (3) Stomp L Beside R (4)
- 5-6-7-8 Twist Heels L (5) Toes L (6) Heels Centre (7) Clap (8)

## Contact Us ....

Laura Sway – [laura.bates97@yahoo.co.uk](mailto:laura.bates97@yahoo.co.uk) or [Laurasway@simpl.com](mailto:Laurasway@simpl.com)

Alexis- [alexisteresa04@yahoo.co.uk](mailto:alexisteresa04@yahoo.co.uk)