

# Caledonia

**Count:** 51      **Wall:** 0      **Level:** Phrased Intermediate waltz

**Choreographer:** Nicola Lafferty (April 2015)

**Music:** Caledonia by Ward Thomas. (Album: From Where We Stand)



## Intro: 12 Count Intro

**Note:** Sequence of the dance is A A B B Tag A A B B B A A B to finish  
It sounds complicated – but A is the verse and B is the Chorus

## Part A (Verse - 27 Counts):

### [1-6] Syncopated Weave, Cross Check

- 1&                      Cross LF over RF, Step RF to R side
- 2,3                     Cross LF behind RF, Step RF to R side
- 4,5,6                  Cross rock LF over RF, Recover weight to RF, Step LF to L side

### [7-12] Twinkle with ½ Turn, Cross Unwind, Sweep

- 1,2,3                  Cross RF over LF, make a ¼ turn to R stepping LF back, make ¼ turn to R stepping RF to R side (face 6.00)
- 4,5,6                  Cross LF over RF, Unwind a full turn to R (keeping weight on LF), Sweep RF round from front to back

### [13-18] Step Back, Side Rock Recover, Step Back Point and Hold

- 1,2,3                  Step RF back, Rock LF to L side, recover weight to RF
- 4,5,6                  Step LF back, Point RF to R side, Hold

### [19-24] Full turn travelling fwd, Step fwd, Step ½ Pivot Left

- 1,2,3                  Step RF fwd, make ½ turn R stepping LF back, make ½ turn R stepping RF fwd
- 4,5,6                  Step LF fwd, Step RF fwd, ½ pivot turn L transferring weight to LF (face 12.00)

### [25-27] Slow ½ Turn to Right

- 1,2,3                  Making ½ turn over your R shoulder, slowly transfer the weight from L to R

## Part B (Chorus - 24 Counts):

### [1-6] Left Box into a Side Chasse

- 1,2,3                  Step LF fwd, Step RF to R side, Close LF to RF
- 4,5&6                 Step RF back, Step LF to L side, Close RF to LF, Step LF to L side

### [7-12] Right Box into a Side Chasse

- 1,2,3                  Step RF fwd, Step LF to L side, Close RF to LF
- 4,5&6                 Step LF back, Step RF to R side, Close LF to RF, Step RF to R side

### [13-18] Twinkle, Lock step with ½ Turn Right

- 1,2,3                  Cross LF over RF, Step RF to R side, Step LF to L diagonal
- 4,5&6                 Step RF fwd, making ½ turn over R shoulder, Step LF back, Lock RF in front of LF, Step LF a small step back (face 6.00)

### [17-24] Basic Fwd, Step fwd, ½ Turn to Left, Hold

- 1,2,3                  Walk Fwd RF, LF, RF
- 4,5,6                  Step LF fwd, make ½ Turn to L closing RF to LF, Hold

## Tag (6 Counts):

### [1-6] 2 x Cross Checks

1,2,3	Cross rock LF over RF, recover weight to RF, Step LF to L side
4,5,6	Cross rock RF over LF, recover weight to LF, Step RF to R side

**Last Update - 26th April 2015**