

Count: 80 **Wall:** 2 **Level:** Intermediate

Choreographer: Robbie McGowan Hickie & Karl-Harry Winson (UK) April 2015

Music: All In My Head by Alvaro Estrella (132 bpm – iTunes, Amazon)



#16 Count intro

S1: Side Step Right. Cross Rock. Chasse 1/4 Turn Left. Step. Pivot 1/2 Turn Left. Side Step with 1/4 Turn Left.

- 1 – 3 Step Right to Right side. Cross rock Left over Right. Rock back on Right.
4&5 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
6 – 8 Step forward on Right. Pivot 1/2 Left. Make 1/4 turn Left stepping Right Long step to Right side.

S2: Back Rock. 2 x Walks Forward. Forward Rock. Triple Full Turn Left.

- 1 – 2 Rock back on Left. Rock forward on Right. (12.00)
3 – 4 Walk forward on Left. Walk forward on Right.
5 – 6 Rock forward on Left. Rock back on Right.
7&8 Triple step making Full turn Left (on the spot) stepping Left. Right. Left. Or: Left Coaster Step

S3: Side. Touch. Left Kick Ball-Cross. Side Step. Touch Across. Point Out. Touch Behind (With shoulder lift)

- 1 – 2 Step Right to Right side. Touch Left toe beside Right.
3&4 Kick Left Diagonally forward Left. Step Left beside Right. Cross step Right over Left.
5 – 7 Step Left to Left side. Touch Right toe across Left. Point Right toe out to Right side.
8 Touch Right toe behind Left - Lifting Right shoulder and dropping the Left and Look Down to Left side

S4: Side Step Right. Hold. & 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Back Rock.

- 1 – 2 Step Right to Right side. Hold.
&3 – 4 Step Left beside Right. Make 1/4 Right stepping forward on Right. Step forward on Left.
5 – 6 Pivot 1/2 turn Right. Make 1/4 turn Right stepping Left to Left side.
7 – 8 Rock back on Right. Rock forward on Left.

S5: Step. 1/2 Turn Right. Right Coaster. Step. 1/2 Turn Left. Left Shuffle 1/2 Turn Left.

- 1 – 2 Step forward on Right. Make 1/2 turn Right stepping back on Left.
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5 – 6 Step forward on Left. Make 1/2 turn Left stepping back on Right.
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (6:00)

S6: Step Forward. & Heel Lift. Touch Back. Reverse Pivot 1/2 Turn Right. Step. Hold & Step. Scuff.

- 1&2 Step forward on Right. Raise both heels up. Lower both heels to floor. (Weight ends on Left)
3 – 4 Touch Right toe back. Make 1/2 turn Right taking weight on Right.
5 – 6 Step forward on Left. Hold.
&7 – 8 Step ball of Right beside Left. Step forward on Left. Scuff Right forward. (12:00)

S7: Rocking Chair. 2 x Walks Around. Turning Cross Shuffle. (Completing 1/2 Circle Turn Left).

- 1 – 4 Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.
- 5 – 6 Make 1/8 turn Left walking forward on Right. Make 1/8 turn Left walking forward on Left.
- 7&8 Cross step Right over Left. Step Left to Left side. Cross Right over Left (Gradually making 1/4 turn Left)

S8: 2 x Walks Around. Left Triple Step. (Completing 1/2 Circle Turn Left). Right Jazz Box Cross.

- 1 – 2 Make 1/8 turn Left walking forward on Left. Make 1/8 turn Left walking forward on Right.
- 3&4 Left Triple step turning 1/4 Left stepping Left. Right. Left. (12:00)
- 5 – 8 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.

S9: Side Step Right. Drag. Ball-Cross. Side Step Left. Back Rock. 2 x Walks Forward.

- 1 – 2 Long step Right to Right side. Drag Left towards Right.
- &3 – 4 Step ball of Left beside Right. Cross step Right over Left. Long step Left to Left side.
- 5 – 6 Rock back on Right. Rock forward on Left.
- 7 – 8 Walk forward on Right. Walk forward on Left.

S10: Pivot 1/2 Turn Right. Left Shuffle Diagonally Forward Left. Out – Out. Back. Cross. Chasse Right

- 1,2&3 Pivot 1/2 turn Right. Left shuffle Diagonally forward Left stepping Left. Right. Left. (Still on Diagonal) Step Right out to Right side (push hips Right). Step Left out to Left side (push hips Left)
- 4 – 5 (Straighten up to 6 o'clock) Step back on Right. Cross step Left over Right.
- 6 – 7 Step Right to Right side. Close Left beside Right. (6:00)
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