Quicksand

Count: 64

Level: Intermediate

Choreographer: Francien Sittrop (NL) - April 2015

Wall: 4

Music: Quicksand - Caro Emerald

	Rock Back, Recover, Kick Ball Cross, Side, Behind , Side, Cross
1 – 3	Step L to L side, Rock R back, Recover on L
4 & 5	Kick R fwd, Step R down, Step L across R
6	Step R to R side
7&8	Step L behind R, Step R to R side, Step L across R
	Back, Recover, Behind, ¼ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross
1 – 2	Rock R to R side, Recover on L
3 & 4	Step R behind L, ¼ Turn L step L fwd, Step R fwd (09.00)
5 – 6	Rock L fwd, Recover on R
7 & 8	Step L back , Step R next to L, Step L across R
	, Together, Side Shuffle, Cross Rock , Recover, Shuffle ¼ Turn L
1 – 2	Step R to R side, Step L next to R
3 & 4	Step R to R side, Step L next to R, Step R to R side
5-6	Rock L across R, Recover on R
7&8	L step L fwd, Step R next to L, ¼ Turn Step L fwd (06.00)
[25-32]⊟Shuf	fle ½ Turn L x2, Rock fwd, Recover, Coaster Cross
1&2	¼ Turn L step R to R side, Step L next to R, ¼ Turn L step R back
3 & 4	¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (06.00)
5 – 6	Rock R fwd, Recover on L
7 & 8	Step R back, Step L next to R , Step R across L
[33-40]□Back	x , Heel fwd ,Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L
[33-40]⊟Back & 1	t , Heel fwd ,Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L Step L back, Touch R heel fwd
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& 1	Step L back, Touch R heel fwd
& 1 2	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back)
& 1 2 &3-4	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side
& 1 2 &3-4 5 & 6 7 – 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd
& 1 2 &3-4 5 & 6 7 – 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00)
& 1 2 &3-4 5 & 6 7 – 8 [41-48]□Sync	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd
& 1 2 &3-4 5 & 6 7 − 8 [41-48]□Sync 1-2&	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00)
& 1 2 &3-4 5 & 6 7 − 8 [41-48]□Sync 1-2& 3 − 4	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R**
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8 [49-56]□Lock	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R**
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8 [49-56]□Lock 1 & 2	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R** steps back x2, Full Turn L with 2 walks and Shuffle Step L back, Lock R in front of L, Step L back
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8 [49-56]□Lock 1 & 2 3 & 4	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R** steps back x2, Full Turn L with 2 walks and Shuffle Step L back, Lock R in front of L, Step L back Step R back, Lock L in front of R, Step R back
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8 [49-56]□Lock 1 & 2 3 & 4 5 - 6 7 & 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R** steps back x2, Full Turn L with 2 walks and Shuffle Step L back, Lock R in front of L, Step L back Step R back, Lock L in front of R, Step R back ¼ Turn L step L to L side, ¼ Turn L step R fwd
& 1 2 &3-4 5 & 6 7 - 8 [41-48]□Sync 1-2& 3 - 4 5 & 6 7 - 8 [49-56]□Lock 1 & 2 3 & 4 5 - 6 7 & 8	Step L back, Touch R heel fwd Hold (while you lean your body diagonally L back) Step R next to L, Step L across R, Step R to R side Sweep L behind R with ¼ Turn L, Step R next to L, Step L fwd (03.00) Skate R fwd, Skate L fwd copated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch Step R across L, ¼ Turn R step L back, Step R next to L (06.00) Step L across R, Step R to R side Step L behind R, Step R to R side, Step L across R ¼ Turn R step R fwd, Touch L behind R (09.00) **R** steps back x2, Full Turn L with 2 walks and Shuffle Step L back, Lock R in front of L, Step L back Step R back, Lock L in front of R, Step R back ¼ Turn L step L to L side, ¼ Turn L step R fwd ¼ Turn L step L to L side, Step R next to L , ¼ Turn L step L fwd (09.00)





- 5 & 6 Step R behind L, Step L to L side, Step R across L
- 7 8 Touch L to L side, Flick L behind R

Restart : During wall 2 & 4 after count 48 Start again with count 1

Tag : after wall 5

- 1 8 Side, Rock back, Recover x2 ,Touch , Flick
- 1 3 Step L to L side, Rock R back, Recover on L
- 4 6 Step R to R side, Rock L back, Recover on R
- 7 8 Touch L to L side, Flick L behind R

Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).

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