

# Before Somebody Gets Hurt

COPPER KNOB  
BY CONCEPTS

Count: 96      Wall: 2      Level: Phrased Improver

Choreographer: Dwight Birkjær ( Juni 2015)

Music: Before Somebody Gets Hurt by Kevin Fowler



Intro: 32 count - Seq: A-A-B-A-A-B-A24-A-B-A

## A – 32 Counts

### A1: Rocking Chair, Toe strut ½ turn, Toe strut ½ turn

1-4                      Rock fwd. R, recover L, rock back R, recover L  
(12)

5-8                      ½ turn left R toe touch, R heel down, ½ turn left L toe touch, L heel down (12)

### A2: Vaudeville left, Heel Switches L-R

1-4                      Cross R over L, L to side, R heel tap, R beside L (12)

5-8                      L heel tap, L beside R, R heel tap, R beside L(12)

### A3: Vaudeville right, Step ½ turn, Step ½ turn

1-4                      Cross L over R, R to side, L heel tap, L beside R (12)

5-8                      Step R fwd. ½ turn left, step fwd. R, ½ turn left (12)

### A4: Vine right, Flick, ½ turn flick, back rock

1-4                      R to side, L behind R, R to side, Flick L behind R (12)

5-8                      ¼ turn left, ¼ turn left flick R behind L, rock back R, recover L ( 6)

## B – 64 Counts

### B1: Heel Tap, Flick, Heel Tap, Hold, Jump Back rock, Kick, Kick

1-4                      R heel tap, Flick R back slap, R heel tap, Hold (12)

5-8                      R Jump back rock kick L, recover L, Kick R twice (12)

### B2: Jump Cross rock, Back Rock, Heel Switches R-L, Step down L, R Toe tap twice

1-4                      Jump Cross R Flick L, Recover L kick R, rock R back kick L, recover L (12)

5&6-7-8                      R heel tap, R beside L, step L fwd., R toe tap twice behind L (12)

### B3: Side, ¼ turn hook, ¼ turn hook behind, back rock, ½ turn L, Hook

1-4                      R to side, ¼ turn left hook L in front R, ¼ turn left hook R behind L (6)

5-8                      Jump back R kick L, recover L, ½ turn left stepping back R, Hook L (12)

### B4: Step point, ¼ turn toe strut, Step, ¾ turn, Kick, Stomp, Heel Twist left, Center R heel kick L

&1-4                      Step L to side point R toe to side, ¼ turn right step down R heel, step L, ¾ turn right  
(12)

5-8                      Kick L, stomp L fwd., twist heels to left, center R heel kick L (12)

### B5: Cross Rock, Kick Hook, Lock step, Stomp

1-4                      Jump cross L in front R flick R, recover R kick L, Jump back L Kick R, hook R (12)

5-8                      Step fwd. R, Lock L behind R, step fwd. R, stomp L beside R (12)

### B6: Rocking Chair, Scissor, Cross, Hold

1-4                      Rock back R, recover L, rock R fwd., recover L  
(12)

5-8 Step R diag. Back, L beside R, cross R, hold (12)

**B7: Rock L, Recover, ½ turn L, Hold, ¼ ¼ turn R, ½ turn Toe Strut**

1-4 Rock L diag. fwd. recover R, ½ turn left stepping L fwd. hold (6)

5-8 ¼ turn right stepping R fwd. ¼ turn right stepping L back , ½ turn right R toe touch, R heel down (6)

**B8: Step ½ turn, Step, ¼ turn, ¾ turn, Stomp, Swivel right**

1-4 Step L fwd., ½ turn right, step L fwd., ¼ turn left stepping R to side, (9)

5-8 ¾ turn left stepping L fwd, stomp R, Swivel (weight on R heel and L ball, twist heels to left, center heels) (12)

**Contact: [dwrightgoldwing@gmail.com](mailto:dwrightgoldwing@gmail.com) - [dwright@thewilddanishgang.com](mailto:dwright@thewilddanishgang.com)**