

Back it Up, Now!

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Pim van Grootel (NL) & Bella Scholtz  - June 2015

Music: Back It Up (feat. Pitbull) - Prince Royce



Starts after: After 32 Counts

S1: Basic Samba Steps, R, L, Shuffle Fwd, Diagonal R, Kick, Cross Shuffle Back, Kick

- 1 RF□Step to right side
 - & LF□Rock back
 - 2 RF□Recover weight
 - 3 LF□Step to left side
 - & RF□Rock back
 - 4 LF□Recover weight
 - 5 RF□Step side, Diagonal right forward - □(10.30)
 - & LF□Step next to RF
 - 6 RF □Step side, Diagonal right forward - □(10,30)
 - & LF□Kick to left side
 - 7 LF□Step side, Diagonal left backwards □(10.30)
 - & RF□Cross over LF
 - 8 LF□Step side, Diagonal left backwards□(10.30)
 - & RF□Kick to right side,□ (Body rotate to 12.00)
- (Note: Count 5 up to 8& is done in the diagonals from 1.30 – 7.30, Body is Facing 10.30)

S2: Sailor Step R, L, Cross Behind, Shuffle L, Rock R, Recover Weight

- 1 RF□Cross behind LF□(12.00)
- & LF□Step to left side
- 2 RF□Small step to right side
- & LF□Cross behind RF
- 3 RF□Step to right side
- & LF□Small step to left side
- 4 RF□Cross behind LF
- 5 LF□Step to left side
- & RF□ Step next to LF
- 6 LF□Step to left side
- 7 RF□Rock to right side
- 8 LF□Recover weight

S3: Step Fwd 1/8 Turn L, 1/2 Turn L, Cross Shuffle 1/2 Turn L, Full Turn L, Coaster Step, Flick

- 1 RF□Step diagonal left forward□□(10.30)
- 2 LF□1/2 Turn left, stepping forward□(4.30)
- 3 RF□1/4 Turn left, stepping to right side □(3.00)
- & LF□Cross over RF
- 4 RF□1/4 Turn left, stepping backwards□(10.30)
- 5 LF□1/2 Turn left, stepping forward□(4.30)
- 6 RF□1/2 Turn left, stepping backwards□(10.30)
- 7 LF□Step backwards
- & RF□Step next to LF
- 8 LF□Step forward
- & RF□Flick backwards

S4: Rocking Chair, Cross Rock Step, Cross Rock Step, Cross Over, ¼ Turn R

- 1 RF□Rock forward□□□(10.30)
- & LF□Recover weight
- 2 RF□Rock backwards
- & LF□Recover weight
- 3 RF□1/8 Turn right, crossing over LF□(12.00)
- & LF□Rock to left side
- 4 RF□Recover weight
- 5 LF□Cross over RF
- & RF□Rock to right side
- 6 LF□Recover weight
- 7 RF□Cross over LF
- 8 LF□¼ Turn right, Stepping backwards□(3.00)

S5: 3/8 Turn R, Lock Shuffle Right, ½ Turn R, Lock Shuffle L, ½ Turn R, Lock Shuffle R, Step Fwd ½ Turn R

- 1 RF□3/8 Turn right, stepping forward □(7,30)
- & LF□Lock behind RF
- 2 RF□step forward
- 3 LF□½ Turn right, Stepping backwards□(1.30)
- & RF□Cross over LF
- 4 LF□Step backwards
- 5 RF□½ Turn right, stepping forward□(7.30)
- & LF□Lock behind RF
- 6 RF□Step forward
- 7 LF□Step forward
- 8 RF□½ Turn right, stepping forward□(1.30)

S6: Walk L, R, Step fwd, Lock Step, Shuffle R, Step Fwd 5/8 Turn L

- 1 LF□Step forward□□□(1.30)
- 2 RF□Step forward
- & LF□Step forward - (Go a little on the toes)
- 3 RF□Lock behind LF
- & LF□Small step forward
- 4 RF□Step forward
- 5 LF□Step forward
- & RF□Step next to LF
- 6 LF□Step forward
- 7 RF□Step forward
- 8 LF□5/8 Turn Left, stepping forward□(6.00)

RESTART: In wall 2 after 32, counts, Add a ¼ Turn Right, to start the dance again on count 1.

TAG: After Wall 5 doing the following steps:

Right & Left Arm Up in the Air

- 1-4 Right arm up in the air
- 5-8 Left arm up in the air

Hips, R, L, R, L

- 1-2 Hips to the right
- 3-4 Hips to the left
- 5-6 Hips to the right
- 7-8 Hips to the left (weight ends on LF)

- While doing the hips you bring the arms down)

- 1 RF□Step forward

- 2 LF □ Step forward
- 3 RF □ Step forward
- 4 LF □ ½ Turn left, stepping forward.

After doing the tag, you will only be dancing the dance 2 more times. Dance the dance onnly up to count 32.
(2x)

Enjoy, have fun!!
