Mamma Maria (瑪麗亞媽媽) (zh)

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Frank Trace (USA) - 2009年05月
Music: Mamma Maria - Ricchi E Poveri

前奏： Start dance 16 counts in on vocal

第一段 Walk Forward Diagonally Right, Kick, Walk Back Diagonally Left, Touch 右斜前走, 踢, 左斜後走, 點

1-4 Walk forward right diagonal stepping R, L, R, kick L forward
右斜前走-右, 左, 右, 左足前踢

5-8 Walk back left diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)
左斜後走-左, 右, 左, 右足併點(面向12:00)

第二段 Walk Forward Diagonally Left, Kick, Walk Back Diagonally Right, Touch 左斜前走, 踢, 右斜後走, 點

1-4 Walk forward left diagonal stepping R, L, R, kick L forward (10:30)
左斜前走-右, 左, 右, 左足前踢(面向10:30)

5-8 Walk back right diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)
右斜後走-左, 右, 左, 右足併點(面向12點鐘)

第三段 Two Charleston Steps 兩次查爾斯頓步

1-4 Step R forward, kick L forward, step L back, touch R back
右足前踏, 左足前踢, 左足後踏, 右足後點

5-8 Step R forward, kick L forward, step L back, touch R back
右足前踏, 左足前踢, 左足後踏, 右足後點

第四段 Vine Right, Touch, Vine Left 1/4 Turn Left, Touch
右華倫, 點, 左華倫左轉1/4, 點

1-4 Step R to right side, step L behind R, step R to right side, touch L next to R 右足右踏, 左足於右足後踏, 右足右踏, 左足併點

5-8 Step L to left side, step R behind L, turning 1/4 left step on L, touch R next to L (9:00)
左足左踏, 右足於左足後踏, 左轉90度左足踏, 右足併點(面向9點鐘)