

# T & W's Steps

**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Tina Chen Sue-Huei (Tw) & Winston Yew (Nuline (Sin)) July 2015

**Music:** "Step" by KARA (iTunes)



**Intro : 16 Counts. ?00:08?.**

**For a clearer picture of the hand movements, do watch our video in youtube:**

## **Introduction (1 Wall, 20 Counts)**

### **I§1 OUT-OUT-IN-IN ("V" STEP), FWD, CHUG 1/3 R x 3**

1 2 3 4      Step R diag. fwd, step L diag. fwd, step R back, close L beside R  
5 6 7 8      Step R fwd, ?1/3 R point L to L? x 3?12:00?

### **I§2 OUT-OUT-IN-IN ("V" STEP), FWD, CHUG 1/3 L x 3**

1 2 3 4      Step L diag. fwd, step R diag. fwd, step L back, close R beside L  
5 6 7 8      Step L fwd, ?1/3 L point R to R? x 3?12:00?

### **I§3 CHEST PUMPS x 4**

1 2 3 4      Make a cool pose!! & pump your chest fwd and back x 4

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### **§1: HEEL GRIND ¼ R, COASTER STEP, HEEL GRIND ¼ L, COASTER STEP**

1 2 3&4      Grind R heel fwd a ¼ R, step L back, step R back, step L beside R, step R fwd  
                 ?3:00?  
5 6 7&8      Grind L heel fwd a ¼ L, step R back, step L back, step R beside L, step L fwd  
                 ?12:00?

### **§2 WALK x 2, FWD SHUFFLE, FWD, ½ L BACK, COASTER STEP**

1 2 3&4      Walk fwd on R-L, step R fwd, step L beside R, step R fwd  
5 6 7&8      Step L fwd, ½ L step R back, step L back, step R beside L, step L fwd ?6:00?

### **§3: HOP FWD, CLOSE TOUCH x 4, HIP BUMP FWD AND BACK, HIP ROLL C/W**

&1&2&3&4      ?Hop R diag. fwd, touch L beside R, hop L diag. fwd, touch R beside L?x 2  
5 6 7 8      Step R fwd and bump hips fwd, bump hips back, roll hips clockwise once over 2  
                 counts.

### **§4: FWD ROCK, RECOVER, COASTER STEP, JAZZ BOX ¼ R**

1 2 3&4      Rock L fwd, recover R, step L back, step R beside L, step L fwd  
5 6 7 8      Cross R over L, step L back, ¼ R step R to R, cross L over R ?9:00?

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**Add Tag here on Wall 5 facing 9:00.**

**This Section is a danced as Nightclub rhythm, hence it's counted at ½ the usual speed.**

### **T§1 SIDE, BACK ROCK, RECOVER, DIAG. L FWD, STEP, PIVOT ½ L, STEP, STEP, PIVOT ½ R, STEP, FWD ROCK, RECOVER, ¼ R FWD**

1 2&3      Long step R to R, rock L back, recover R, long step L towards L diag. ?7:30?  
4&5      Step R fwd, pivot ½ L, step R fwd ?1:30?  
6&7      Step L fwd, pivot ½ R, step L fwd ?7:30?  
8&1      Rock R fwd, recover L, ¼ R long step R fwd ?10:30?

### **T§2 FWD, ¼ L BACK, BACK, BACK, ¼ L FWD, FWD, FULL R TRIPLE FWD, FWD ROCK, RECOVER, 3/8 R**

2&3 Step L fwd, ¼ L step R back, step L back ?7:30?  
 4&5 Step R back, ¼ L step L fwd, step R fwd?4:30?  
 6&7 ½ R step L back, ½ R step R fwd, step L fwd?4:30?  
 8& Rock R fwd, recover L and turn 3/8 R to start again facing 9:00. ?9:00?

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**§5: SIDE, BEHIND, SIDE, CROSS, SIDE TOUCH, ½ R MONTEREY, SIDE TOUCH, CLOSE TOUCH**

1234 Step R to R, cross L behind R, step R to R, cross L over R  
 5678 Touch R to R, ½ R close R beside L, touch L to L, touch L beside R ?3:00?

**§6: HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH WITH VARIOUS HAND MOVEMENTS**

1 2 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

**Hand Movements : (1) Extend R arm diag. R up, (2) drop R arm to side**

3 4 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, step R beside L

**Hand Movements : (1) Crossing both hands in front of your face, (2) drop both hands to sides**

5 6 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

**Hand Movements : (1) With both fists in front of chest push both elbows back like doing a stretch (2) drop both hands to sides**

7 8 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, hold

**Hand Movements : (1) Spread both hands (with palms facing fwd) to sides at hip level (2) hold**

**Restart here on Walls 2 & 3 facing 12:00 & 3:00.**

**§7: HEEL SWITCHES, FWD, ¼ R SIDE TOUCH, CROSS, ¼ L BACK, DESTROZA (SWAY L-R WITH HAND MOVEMENTS)**

1&2& Touch R heel fwd, step R beside L, touch L heel fwd, step L beside R

3 4 Step R fwd, ¼ R touch L to L bending R knee ?6:00?

5 6 Cross L over R, ¼ L step R back ?3:00?

7 8 Stomp L to L sway hip L and up, recover R sway hip R and up (This move is known as the "Destroza" in Regggaeton.)

**Hand Movements: (7) Swing R arm across and behind body as you swing L arm to L, (8) Swing L arm across and behind body as you swing R arm to R**

**§8: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, ½ L UNWIND**

1 2 3 4 Cross L over R. Step R to R. Cross L behind R. Step R to R

5&6 7 8 Cross rock L over R, recover R, step L to L, Cross R Over L, Unwind ½ L ?9:00?

**REPEAT**