

O.M.D. ("Oh My Darling")

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BY THE POST

Count: 32

Wall: 4

Level: High Beginner - R&R rhythm

Choreographer: Ira Weisburd (USA) - July 2015

Music: Oh My Darling by New Swingin' Boogie Band Zappoli - Bongy—Weyburn;
Ladyland Edizioni Musicali



Intro: 16 counts. Start on word "Love" at approx. 7 sec.
NO TAGS !!! NO RESTARTS !!!

PART I. (FORWARD TOE STRUT, FORWARD TOE STRUT, MAMBO FORWARD; BACK TOE STRUT, BACK TOE STRUT, MAMBO BACK)

1&2& Touch R Toe forward, Step R heel down, Touch L Toe forward, Step L heel down
3&4 Step R forward, Recover back onto L, Step R back
5&6& Touch L Toe back, Step L heel down, Touch R Toe back, Step R heel down
7&8 Step L back, Recover forward onto R, Step L forward

PART II. (TWIST HEELS R, L, R, BACK, RECOVER, SIDE; WEAVE BEHIND 3 STEPS, PIVOT 1/4 R TURN, STEP FORWARD)

1&2 Step R to R and Twist both Heels to R, Twist both Heels to L, Twist both Heels to R
3&4 Step L back, Recover forward onto R, Step L to L
5&6 Step R behind L, Step L to L, Step R across L
7&8 Step L to L, Pivot 1/4 R onto R (3:00), Step L forward

PART III. (FORWARD, LOCK, STEP; FORWARD, LOCK, STEP; KICK FORWARD, STEP BACK; COASTER STEP)

1&2 Step R forward, Step L behind R ankle, Step R forward
3&4 Step L forward, Step R behind L ankle, Step L forward
5-6 Kick R forward, Step R back
7&8 Step L back, Step-close R beside L, Step L forward

PART IV. (FORWARD, LOCK, STEP; KICK FORWARD, STEP BACK, COASTER STEP, CHASE 1/2 R TURN)

1&2 Step R forward, Step L behind R ankle, Step R forward
3-4 Kick L forward, Step L back
5&6 Step R back, Step-close L beside R, Step R forward
7&8 Step L forward, Pivot 1/2 R Turn onto R, Step L forward

REPEAT DANCE.