

# Emergency

**Count:** 32    **Wall:** 4    **Level:** High Beginner

**Choreographer:** Frank Trace – July 2015

**Music:** "Emergency" by Icona Pop (126 bpm)



**Intro: 16 counts to start on vocals**

## **SIDE, TOGETHER, TRIPLE SIDE, ROCK BACK, RECOVER, TRIPLE SIDE**

- 1-2                    Step R to right side, step L next to R
- 3&4                   Triple side right, stepping R, L, R
- 5-6                   Rock back on L, recover onto R
- 7&8                   Triple left, stepping L, R, L

## **CROSS ROCK, RECOVER, TRIPLE ¼ TURN RIGHTM ROCK, COASTER**

- 1-2                    Cross rock R over L, recover onto L
- 3&4                    Triple ¼ turn R, stepping R, L, R (3:00)
- 5-6                    Rock forward on L, recover onto R
- 7&8                    Coaster Step; stepping back on L, step R next to L, step L forward

## **STEP TOUCHES RIGHT & LEFT, STEP FORWARD RIGHT & LEFT, CIRCLE HIPS**

- 1-4                    Step R to right side, touch L next to R, step L to left side, touch R next to L
- 5-6                    Step R forward, step L forward next to R
- 7&8                    Circle hips counter-clockwise twice quick

## **SHUFFLE STEPS MOVING IN A CIRCLE CLOCKWISE**

- 1&2                    Shuffle forward stepping R, L, R (curving ¼ right) (6:00)
- 3&4                    Shuffle forward stepping L, R, L (curving ¼ right) (9:00)
- 5&6                    Shuffle forward stepping R, L, R (curving ¼ right) (12:00)
- 7&8                    Shuffle forward stepping L, R, L (curving ¼ right) (3:00)

**Note: When doing these steps, imagine that there is a "Hula Hoop" on the floor behind you. Do shuffle steps forward going in a circle around the "Hula Hoop".**

## **START OVER AND SMILE**

**Last Update - 28th Aug 2015**