I Only Dream At Night (夜裡入夢) (zh)

Count: 48 **Wall:** 2 **Level:** Improver
Choreographer: Audrey Watson (SCO) - 2007年04月
Music: When I Dream At Night - Marc Anthony

前奏： Long Intro (59 Seconds). Start 1 beat before main vocals
Notes: Walls 1 – 3 – 5 have 48 counts, Walls 2 – 4 – 6 have 40 counts
單數牆跳48拍, 偶數牆跳40拍

第一段 SIDE BACK ROCK, STEP BEHIND ¼ TURN FORWARD, BACK ROCK STEP, ½ TURN. ½ TURN 側後下沉, 後踏前轉1/4, 後下沉, 轉1/2, 轉1/2

1-2& Step right long step to right side, rock left back behind right, rock forward on right 右足右一大步, 左足於右足後下沉, 右足前下沉

3-4& Step left to left side, cross right behind left, turn ¼ left stepping forward on left 左足左踏, 右足於左足後交叉下沉, 左轉90度左足前踏

5-6& Rock right back behind right, rock forward on left, step forward on right 右足後下沉, 左足前回復, 右足前踏

7-8 Weight on both feet twist ½ turn left, twist ½ turn right
雙足左轉180度, 右轉180度

第二段 BEHIND & CROSS, ROCK & CROSS, BACK LOCK STEP, BACK DRAG
後 & 交叉, 下沉 & 交叉, 後鎖踏, 後拖

1&2 Sweep right out & behind left, step left to left side, cross right over left 右足由外繞至左足後, 左足左踏, 右足於左足前交叉踏

3&4 Rock left to left side, recover on right, cross left over right
左足左下沉, 右足回復, 左足於右足前交叉踏

5&6 Step back on right, lock left across right, step back on right
右足後踏, 左足於右足前鎖步, 右足後踏

7-8 Step back long step on left, drag right next left
左足後一大步, 右足拖併

第三段 SCISSOR STEP, SIDE TOGETHER FORWARD, SCISSOR STEP, SIDE TOGETHER FORWARD. (TRAVELING FORWARD) 剪刀步, 側併前, 剪刀步, 側併前

1&2 Step right to right side, step left next right, cross right over left
右足右踏, 左足併踏, 右足於左足前交叉踏

3&4 Step left to left side, close right next left, step forward on left
左足左踏, 右足併踏, 左足前踏

5&6 Step right to right side, step left next right, cross right over left
右足右踏, 左足併踏, 右足於左足前交叉踏

7&8 Step left to left side, close right next left, step forward on left
左足左踏, 右足併踏, 左足前踏

第四段 ¼ TURN SHUFFLE, CHASSE, COASTER STEP, SHUFFLE
1/4轉交換, 追步, 海岸步, 交換

&1&2 On ball of left turn ¼ left, shuffle back on right, left, right
左足左轉90度, 後交換步 右-左-右

3&4 Step left to left side, close right next left, step left to left side
左足左踏, 右足併踏, 左足左踏

5&6 Step back on right, step left next right, step forward on right
右足後踏, 左足併踏, 右足前踏

7&8 Shuffle forward on left, right, left 前交換步-左, 右, 左

第五段　SIDE CLOSE BACK, SIDE CLOSE BACK, STEP DRAG, BALL STEP ½ TURN
側併踏, 側併踏, 踏拖, 踏踏轉1/2

1&2　Step right to right side, close left next right, step back on right
右足右踏, 左足併踏, 右足後踏

3&4　Step left to left side, close right next left, step back on left
左足左踏, 右足併踏, 左足後踏

5-6　Long step back on right, drag left next right
右足後一大步, 左足拖併踏

&7-8　Step down on left, step forward on right, pivot ½ turn left
左足踏, 右足前踏, 左轉180度

RESTART: On walls 2, 4, and 6, restart after 40 counts
第二、四、六面牆跳至此, 從頭起跳

第六段　MAMBO FORWARD, MAMBO BACK, MAMBO SIDE. CROSS UNWIND
前曼波, 後曼波, 側曼波, 交叉轉

1&2　Rock forward on right, rock back on left, step right next left
右足前下沉, 左足後下沉, 右足併踏

3&4　Rock back on left, rock forward on right, step left next right
左足後下沉, 右足前下沉, 左足併踏

5&6　Rock right to right side, recover weight on left, step right next left　右足右下沉, 左足回復, 右足併踏

7-8　Cross left over right, unwind ½ turn right
左足於右足前交叉踏, 右轉180度